



# Ithaca

## (B) 7/8TH Cross Country

### Coaches:

- Emily Blake, Head Coach
- Jennifer Visscher, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 21, 2021	Tue	Regular Season (West Division Championships)	Horseheads, Corning-Painted Post @ Elmira	4:30 PM		Park Station	<b>Class Dismissal:</b> 2:00 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Sep 25, 2021	Sat	Regular Season (Baldwinsville Invitational @ Durgee Jr High)	@ TBD	10:00 AM		TBD		<b>Departure Point:</b> IHS <b>Departure Time:</b> 9:00 AM <b>Return Date:</b> <b>Return Time:</b> 4:00 PM	L
Oct 2, 2021	Sat	Regular Season (McQuaid Invitational)	@ TBD	9:00 AM		Genesee Valley Park, Rochester		<b>Departure Point:</b> IHS <b>Departure Time:</b> 11:30 PM <b>Return Date:</b> <b>Return Time:</b> 4:00 PM	L
Oct 8, 2021	Fri	Regular Season (Bob Greene Invitational)	@ TBD	3:45 PM		Newark Valley High School	<b>Class Dismissal:</b> 2:00 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Oct 16, 2021	Sat	Regular Season	@ TBD	9:30 AM		Appleby E S		<b>Departure Point:</b> IHS <b>Departure Time:</b> 8:00 AM <b>Return Date:</b> <b>Return Time:</b> 4:00 PM	L
Oct 23, 2021	Sat	Regular Season (STAC Championships )	@ TBD	12:00 PM	3:00 PM	Fortin Park		<b>Departure Point:</b> IHS <b>Departure Time:</b> 10:00 AM <b>Return Date:</b> <b>Return Time:</b> 4:00 PM	L
Oct 25, 2021	Mon	Regular Season (Central Division Crossover)	@ TBD	TBD		Owego Free Academy	<b>Class Dismissal:</b> 2:45 PM	<b>Departure Point:</b> IHS <b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Oct 30, 2021	Sat	Regular Season (Battle of Hynes Hill)	@ TBD	TBD		Ann G. McGuinness Elementary School		<b>Departure Point:</b> IHS <b>Departure Time:</b> 8:00 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	L

Date: 2024-04-25