



# Ithaca

## (B) 7/8TH Cross Country

### Coaches:

- Emily Blake, Head Coach
- Jennifer Visscher, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 17, 2019	Tue	Meet (STAC West Divisional Meet Elmira College)	Vs. Multiple	4:00 PM	7:30 PM	Murray Athletic Center	<b>Departure Time:</b> 2:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	NL
Sep 21, 2019	Sat	Meet (Baldwinsville Invite)	Vs. Multiple	12:00 PM	3:00 PM	Durgee Junior HS, Baldwinsville	<b>Departure Time:</b> 9:30 PM <b>Return Date:</b> <b>Return Time:</b> 3:30 PM	NL
Sep 27, 2019	Fri	Meet (M-E Pete Matzke Invitational)	Vs. Multiple	5:30 PM	6:30 PM	Maine Memorial Elementary School	<b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	NL
Oct 19, 2019	Sat	Meet (Marathon Invite)	Vs. Multiple	8:30 AM	11:00 AM	Wm Appleby Elementary School	<b>Departure Time:</b> 7:00 AM <b>Return Date:</b> <b>Return Time:</b> 11:00 AM	NL
Oct 26, 2019	Sat	Meet (Cross Country Super Tough Athletic Competition)	Vs. Multiple	12:00 PM	1:30 PM	Ann G. McGuinness Elementary School	<b>Departure Time:</b> 10:00 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	NL
Oct 29, 2019	Tue	Meet (Cross Country Crossover Meet)	Vs. Multiple	4:30 PM	6:30 PM	Murray Athletic Center	<b>Departure Time:</b> 2:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	NL

Date: 2024-05-19