



Ithaca (B) 7/8TH Cross Country

Coaches:

- Jennifer Visscher, Head Coach
- Emily Blake, Asst Coach
- Kim Lazzaro, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 16, 2017	Sat	Regular Season (East Syr. Minoa Invite)	@ TBD	9:00 AM		Pine Grove Middle School Main Gym	Departure Point: IHS Departure Time: 6:30 AM	NL
Sep 19, 2017	Tue	Regular Season (West Stac Champs,)	@ TBD	TBD		TBD	Departure Point: LACS Shuttle, Mont 2:30, Dewitt 2:45, Boynton Departure Time: 2:45 PM	L
Sep 23, 2017	Sat	Regular Season (Baldwinsville Invite)	@ TBD	TBD		TBD	Departure Point: IHS Departure Time: 8:30 AM	NL
Sep 30, 2017	Sat	Meet (M-E INVITATIONAL)	Vs. Multiple	9:00 AM	1:00 PM	Maine Memorial ES		NL
Oct 3, 2017	Tue	Regular Season (Crossover @ Vestal)	@ TBD	4:00 PM		TBD	Departure Point: LACS 1:45, Dewitt 1:45, Mont 2:00, Boynton Departure Time: 2:00 PM	L
Oct 13, 2017	Fri	Regular Season (Newark Valley Invite)	@ TBD	4:05 PM		Newark Valley High School	Departure Point: Mont 2:00, LACS 2:15, Dewitt 2:00 Boynton 2:15, IHS Departure Time: 2:30 PM	L
Oct 21, 2017	Sat	Regular Season (Marathon Invite)	@ TBD	9:00 AM		Appleby E S	Departure Point: IHS Departure Time: 7:00 AM	L

Date: 2026-01-20