



Ithaca

(B) V Cross Country

Coaches:

- Leann Young, Head Coach
- Ian Golden, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2021	Sat	Regular Season (Dave "Flash" Forbes Invitational)	@ TBD	10:00 AM		Fortin Park		Departure Point: IHS Departure Time: 6:30 AM Return Date: Return Time: 2:00 PM	L
Sep 21, 2021	Tue	Regular Season (West Division Championship)	@ TBD	4:30 PM		Park Station	Class Dismissal: 2:00 PM	Departure Point: IHS Departure Time: 2:45 PM Return Date: Return Time: 7:30 PM	L
Sep 25, 2021	Sat	Regular Season (Baldwinsville Invitational @ Durgee Jr High)	@ TBD	10:00 AM		TBD		Departure Point: IHS Departure Time: 9:00 AM Return Date: Return Time: 4:00 PM	L
Oct 2, 2021	Sat	Regular Season (McQuaid Invitational)	@ TBD	9:00 AM		Genesee Valley Park, Rochester		Departure Point: IHS Departure Time: 11:30 PM Return Date: Return Time: 4:00 PM	L
Oct 8, 2021	Fri	Regular Season (Bob Greene Invitational)	@ TBD	3:45 PM		Newark Valley High School	Class Dismissal: 2:15 PM	Departure Point: IHS Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	L
Oct 9, 2021	Sat	Regular Season (Manhattan College Invitational @ Van Cortlandt Park)	@ TBD	9:00 AM		Van Cortlandt Park	Class Dismissal: 3:00 PM	Departure Point: IHS Departure Time: 3:15 PM Return Date: Return Time: 9:00 PM	L
Oct 16, 2021	Sat	Regular Season	@ TBD	9:30 AM		Appleby E S		Departure Point: IHS Departure Time: 8:00 AM Return Date: Return Time: 4:00 PM	L
Oct 23, 2021	Sat	Regular Season (STAC Championships)	@ TBD	12:00 PM		Fortin Park		Departure Point: IHS Departure Time: 8:30 AM Return Date: Return Time: 4:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 25, 2021	Mon	Regular Season (Cross Over meet)	Chenango Valley, Chenango Forks @ Owego Apalachin	TBD		Owego Free Academy	Class Dismissal: 3:15 PM	Departure Point: IHS Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L
Nov 4, 2021	Thu	Post-Season (State Quals @ CV State Park)	@ TBD	12:00 PM		Chenango Valley State Park	Class Dismissal: 10:10 AM	Departure Point: IHS Departure Time: 10:30 AM Return Date: Return Time: 5:00 PM	L
Nov 13, 2021	Sat	Post-Season (State Championships @ CV State Park)	@ TBD	TBD		Chenango Valley State Park		Departure Point: IHS Departure Time: 7:15 AM Return Date: Return Time: 3:00 PM	L
Nov 20, 2021	Sat	Post-Season (Federation Championships)	@ TBD	TBD		Bowdoin Park		Departure Point: IHS Departure Time: 9:00 AM Return Date: Return Time: 5:00 PM	L

Date: 2024-05-06