



Ithaca

(B) V Cross Country

Coaches:

- Leann Young, Head Coach
- Ian Golden, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 16, 2023	Sat	Regular Season (Vernon Verona-Sherrill Invite)	@ TBD	11:00 AM		Cross Country Course			NL
								Departure Point: IHS Departure Time: 8:00 AM Return Date: Return Time: 3:00 PM	
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invite)	@ TBD	11:40 AM	3:30 PM	TBD			NL
								Departure Point: IHS Departure Time: 8:30 AM Return Date: Return Time: 3:30 PM	
Sep 30, 2023	Sat	Regular Season (McQuaid Invite)	@ TBD	2:20 PM	4:30 PM	Genesee Valley Park, Rochester			L
								Departure Point: IHS Departure Time: 10:30 AM Return Date: Return Time: 6:00 PM	
Oct 14, 2023	Sat	Regular Season (Marathon Invite)	@ TBD	TBD		TBD			L
								Departure Point: IHS Departure Date: Oct 13, 2023 Departure Time: 9:30 AM Return Date: Return Time: 6:00 PM	
Oct 14, 2023	Sat	Regular Season (Manhattan College Invite)	@ TBD	TBD		Van Cortlandt Park	Class Dismissal: 9:15 AM		L
								Departure Point: IHS Departure Date: Oct 13, 2023 Departure Time: 9:30 AM Return Date: Return Time: 6:00 PM	
Oct 21, 2023	Sat	Regular Season (STAC Championships)	@ TBD	TBD		Ann G McGuinness Elementary Cross Country Course			NL
								Departure Point: IHS Departure Date: Departure Time: Return Date: Return Time:	
Oct 24, 2023	Tue	Regular Season (Owego Last Chance Invite)	@ Owego Apalachin	5:00 PM		Owego Free Academy			NL
								Departure Point: IHS Departure Date: Departure Time: Return Date: Return Time:	
Nov 2, 2023	Thu	Post-Season (Sectional Championships)	@ TBD	TBD		Chenango Valley State Park			NL
								Departure Point: IHS Departure Date: Departure Time: Return Date: Return Time:	
Nov 11, 2023	Sat	Post-Season (NYS Championships)	@ TBD	2:30 PM		Cross Country Course			NL
								Departure Point: IHS Departure Time: 9:00 AM Return Date: Return Time:	

Date: 2024-04-27