



Ithaca (G) 7/8TH Cross Country

Coaches:

- Jennifer Visscher, Head Coach
- Emily Blake, Asst Coach
- Kim Lazzaro, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 17, 2019	Tue	Meet (STAC West Divisional Meet Elmira College)	Vs. Multiple	4:00 PM	7:30 PM	Murray Athletic Center	Departure Time: 2:00 PM Return Date: Return Time: 8:00 PM NL
Sep 21, 2019	Sat	Meet (Baldwinsville Invite)	Vs. Multiple	12:00 PM	3:00 PM	Durgee Junior HS, Baldwinsville	Departure Point: Ithaca HS Departure Time: 9:30 AM NL Return Date: Return Time: 3:30 PM
Sep 27, 2019	Fri	Meet (M-E Pete Matzke Invitational)	Vs. Multiple	5:30 PM	6:30 PM	Maine Memorial Elementary School	Departure Time: 3:15 PM Return Date: Return Time: 7:00 PM NL
Oct 19, 2019	Sat	Meet (Marathon Invite)	Vs. Multiple	8:30 AM	11:00 AM	Wm Appleby Elementary School	Departure Time: 7:00 AM NL Return Date: Return Time: 11:00 AM
Oct 26, 2019	Sat	Meet (Cross Country Super Tough Athletic Competition)	Vs. Multiple	12:00 PM	1:30 PM	Ann G. McGuinness Elementary School	Departure Time: 10:00 AM NL Return Date: Return Time: 2:00 PM
Oct 29, 2019	Tue	Meet (Cross Country Crossover Meet)	Vs. Multiple	4:30 PM	6:30 PM	Murray Athletic Center	Departure Time: 2:00 PM NL Return Date: Return Time: 7:00 PM

Date: 2026-01-16