



Ithaca (G) 7/8TH Cross Country

Coaches:

- Jennifer Visscher, Head Coach
- Emily Blake, Asst Coach
- Kim Lazzaro, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON- LEAGUE
Oct 12, 2018	Fri	Regular Season (Newark Valley Invitational)	@ Newark Valley	5:00 PM	7:00 PM	Newark Valley High School	Departure Time: 2:00 PM Return Date: L Return Time: 7:30 PM
Oct 20, 2018	Sat	Regular Season (Marathon Invitational)	@ Marathon	10:00 AM	1:00 PM	Appleby E S	Departure Time: 7:00 AM Return Date: L Return Time: 1:30 PM
Oct 23, 2018	Tue	Regular Season (Chenango Forks Cross Country Challenge)	@ TBD	TBD	TBD		L

Date: 2026-01-16