



# Ithaca

## (G) 7/8TH Cross Country

### Coaches:

- Jennifer Visscher, Head Coach
- Emily Blake, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 16, 2023	Sat	Regular Season (McDaniel Baxter Invite)	@ TBD	TBD	TBD			<b>Departure Point:</b> IHS <b>Departure Time:</b> 7:15 AM <b>Return Date:</b> <b>Return Time:</b> 1:30 PM	NL
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invite)	@ TBD	TBD	TBD			<b>Departure Point:</b> IHS <b>Departure Time:</b> 10:00 AM <b>Return Date:</b> <b>Return Time:</b> 2:30 PM	NL
Sep 30, 2023	Sat	Regular Season (McQuaid Invite)	@ TBD	TBD		Genesee Valley Park, Rochester		<b>Departure Point:</b> IHS <b>Departure Time:</b> 11:30 AM <b>Return Date:</b> <b>Return Time:</b> 6:00 AM	NL
Oct 6, 2023	Fri	Regular Season (Bob Greene Invite)	@ TBD	TBD	TBD		<b>Class Dismissal:</b> 1:15 PM	<b>Departure Point:</b> Boynton <b>Departure Time:</b> 1:30 PM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	NL
Oct 24, 2023	Tue	Post-Season (Owego Last Chance Meet)	@ Owego Apalachin	5:00 PM		Owego Free Academy			L
Oct 28, 2023	Sat	Post-Season (Battle of Hynes Hill)	@ TBD	TBD		Ann G. McGuinness Elementary School			NL

Date: 2024-05-07