



# Ithaca

## (G) V Cross Country

### Coaches:

- Rebecca Lovenheim, Head Coach
- Amy Boscia, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2018	Sat	Regular Season (Oneonta Invitational at SUNY Oneonta)	@ Oneonta	9:00 AM	12:00 PM	TBD	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> <b>Return Time:</b> 12:30 PM	L
Sep 17, 2018	Mon	Regular Season (STAC West Division Championship)	Binghamton, Corning-Painted Post, Horseheads @ Elmira	4:50 PM		Sperr Park, Elmira, NY	<b>Departure Time:</b> 2:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Sep 22, 2018	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:00 AM	1:00 PM	TBD	<b>Departure Time:</b> 8:30 AM <b>Return Date:</b> <b>Return Time:</b> 1:30 PM	L
Oct 12, 2018	Fri	Regular Season (Manhattan Invitational at Van Cortlandt Park)	@ TBD	5:00 PM	7:00 PM	Van Cortlandt Park	<b>Departure Time:</b> 9:30 AM	L
Oct 13, 2018	Sat	Regular Season (Manhattan Invitational at Van Cortlandt Park)	@ TBD	10:00 AM	3:00 PM	Van Cortlandt Park	<b>Return Date:</b> <b>Return Time:</b> 3:30 PM	L
Oct 20, 2018	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		Appleby ES	<b>Departure Time:</b> 8:15 AM <b>Return Date:</b> <b>Return Time:</b> 3:00 PM	L
Oct 23, 2018	Tue	Post-Season (STAC Championship)	Susquehanna Valley, Windsor, Binghamton, Chenango Valley, Corning-Painted Post, Elmira, Horseheads, Johnson City, Maine-Endwell, Norwich, Oneonta, Seton Catholic Central, Union-Endicott, TBD @ Owego Apalachin	3:30 PM	5:30 PM	Pheasant Hill Country Club	<b>Departure Time:</b> 12:45 PM	L
Nov 1, 2018	Thu	Regular Season (State Qualifiers Chenango Valley State Park)	TBD	12:00 PM	5:00 PM	TBD	<b>Departure Time:</b> 10:00 AM <b>Return Date:</b> <b>Return Time:</b> 5:30 PM	L
Nov 9, 2018	Fri	Regular Season (State Championships)	@ TBD	TBD		TBD	<b>Departure Time:</b> 8:00 AM	L
Nov 10, 2018	Sat	Regular Season (State Championships at Sunken Meadow State Park)	@ TBD	TBD		TBD	<b>Return Date:</b> <b>Return Time:</b> 9:00 PM	L
Nov 17, 2018	Sat	Regular Season (Federation Championships in Bowdoin)	@ TBD	TBD		TBD		L

Date: 2026-01-12