

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|---|---|------------|----------|------------------------------|----------------|---------------------|
| Nov 25, 2023 | Sat | Scrimmage | Marcellus | 1:30 PM | | Bishop Ludden Gym | | NL |
| Nov 30, 2023 | Thu | Regular Season | Rome Free Academy | 5:00 PM | | Bishop Ludden Gym | | L |
| Dec 1, 2023 | Fri | Regular Season | Liverpool | 6:00 PM | | Bishop Ludden Gym | | L |
| Dec 6, 2023 | Wed | Regular Season | Notre Dame, Utica | 4:30 PM | 6:30 PM | Bishop Ludden Gym | | L |
| Dec 7, 2023 | Thu | Regular Season | Westhill | 6:00 PM | 6:55 PM | Bishop Ludden Gym | | L |
| CANCELLED Dec 12, 2023 | Tue | Regular Season | @ Solvay | 5:00 PM | | Solvay HS Large Gym | | NL |
| Dec 21, 2023 | Thu | Regular Season | @ Cicero-North Syracuse | 5:00 PM | 6:15 PM | NSJHS Main Gym | | L |
| Jan 5, 2024 | Fri | Regular Season | Hamilton | 6:00 PM | | Bishop Ludden Gym | | NL |
| Jan 6, 2024 | Sat | Regular Season | @ Baldwinsville | 11:00 AM | 1:00 PM | Bville - Baker Gym 1&2 | | L |
| Jan 9, 2024 | Tue | Regular Season | @ Phoenix | 5:00 PM | 6:30 PM | JCB Gym | | NL |
| Jan 12, 2024 | Fri | Regular Season | @ Notre Dame, Utica | 5:30 PM | 6:55 PM | Michael Walsh Gymnasium | | L |
| Jan 18, 2024 | Thu | Regular Season | @ Christian Brothers Academy, Dewitt | 4:00 PM | | John F. Lynch Gym | | L |
| Jan 21, 2024 | Sun | Non-District | @ Albany Academies | 1:00 PM | | Albany Academies | | L |
| Jan 23, 2024 | Tue | Regular Season | Fulton | 6:00 PM | | Bishop Ludden Gym | | L |
| Jan 26, 2024 | Fri | Regular Season | @ Bishop Grimes | 4:15 PM | 5:45 PM | Bishop Grimes Sheehan Gym | | L |
| Jan 29, 2024 | Mon | Regular Season | @ Syracuse Academy of Science | 5:30 PM | 6:50 PM | HS Gym | | L |
| Feb 2, 2024 | Fri | Regular Season | Christian Brothers Academy, Dewitt | 5:30 PM | 6:50 PM | Bishop Ludden H S | | L |
| Feb 5, 2024 | Mon | Regular Season | Bishop Grimes | 6:00 PM | | Bishop Ludden Gym | | L |
| Feb 7, 2024 | Wed | Regular Season (Girls' JV and Varsity Game) | @ Cato-Meridian (Blue Devils) | 5:30 PM | 6:40 PM | Cato-Meridian Jr. Sr H S Gym | | NL |
| Feb 10, 2024 | Sat | Regular Season | Syracuse Academy of Science | 1:00 PM | 2:30 PM | Bishop Ludden H S | | L |
| Feb 13, 2024 | Tue | Regular Season | Institute of Technology, Syracuse (Syracuse West) | 4:00 PM | 5:30 PM | Bishop Ludden Gym | | NL |