



Horseheads

(G) 7/8TH Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Aug 20, 2018	Mon	Practice	N/A	5:00 PM	6:30 PM	HHS High School Track		
Aug 21, 2018	Tue	Practice	N/A	5:00 PM	6:30 PM	HHS High School Track		
Aug 22, 2018	Wed	Practice	N/A	5:00 PM	6:30 PM	HHS High School Track		
Aug 23, 2018	Thu	Practice	N/A	5:00 PM	6:30 PM	HHS High School Track		
							Departure Time: 5:00 PM	
Aug 24, 2018	Fri	Practice	N/A	TBD	TBD		Return Date: Return Time: 6:30 PM	
Aug 27, 2018	Mon	Practice	N/A	5:00 PM	6:30 PM	HHS High School Track		
Aug 28, 2018	Tue	Practice	N/A	5:00 PM	6:30 PM	HHS High School Track		
Aug 29, 2018	Wed	Practice	N/A	5:00 PM	6:30 PM	HHS High School Track		
Aug 30, 2018	Thu	Practice	N/A	5:00 PM	6:30 PM	HHS High School Track		
							Departure Time: 5:00 PM	
Aug 31, 2018	Fri	Practice	N/A	TBD	TBD		Return Date: Return Time: 6:30 PM	
Sep 4, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 5, 2018	Wed	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 6, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 7, 2018	Fri	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 10, 2018	Mon	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 11, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 12, 2018	Wed	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 13, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 14, 2018	Fri	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Sep 17, 2018	Mon	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 17, 2018	Mon	Meet (Regular Season (STAC West Division Championship))	Vs. Multiple	4:30 PM		Sperr Park	Bus/Driver: HCSD Bus	Departure Point: MS crosswalk (front of school by guardrails) Departure Time: 3:20 PM
Sep 19, 2018	Wed	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 20, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 21, 2018	Fri	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse #1		
Sep 22, 2018	Sat	Meet (Owego Cross Country Invitational 2018)	Vs. Multiple	10:00 AM		Pheasant Hill Country Club	Bus/Driver: Horseheads CSD	Departure Point: Weight Room Doors Departure Time: 7:15 AM Return Date: Return Time: 1:15 PM
Sep 24, 2018	Mon	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Sep 25, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Sep 26, 2018	Wed	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Sep 27, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 1, 2018	Mon	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 2, 2018	Tue	Meet (CROSSOVER - CANCELLED (DUE TO INCLEMENT WEATHER))	Vs. Multiple	4:30 PM	8:00 PM	Park Station	Bus/Driver: Horseheads CSD	Departure Point: Weight Room Doors Departure Time: 3:15 PM Return Date: Return Time: 8:00 PM
Oct 3, 2018	Wed	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 4, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Oct 5, 2018	Fri	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 6, 2018	Sat	Meet (2018 Tully XC Invitational)	Vs. Multiple	10:00 AM		Tully H S	Bus/Driver: Horseheads CSD	Departure Point: Weight Room Doors Departure Time: 9:00 AM Return Date: Return Time: 3:45 PM NL
Oct 8, 2018	Mon	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 9, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 10, 2018	Wed	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 11, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 12, 2018	Fri	Meet (Newark Valley XC/Bob Greene Invitational)	Vs. Multiple	4:05 PM		Newark Valley High School	Bus/Driver: Horseheads CSD Class Dismissal: 1:45 PM	Departure Point: MS crosswalk (front of school by guardrails) Departure Time: 2:00 PM NL
Oct 15, 2018	Mon	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 16, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 17, 2018	Wed	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 18, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 19, 2018	Fri	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 20, 2018	Sat	Meet (30th Annual Marathon Cross Country Invitational)	Vs. Multiple	9:15 AM		Appleby E S	Bus/Driver: HCSD Bus	Departure Point: Weight Room Doors Departure Time: 6:45 AM NL
Oct 22, 2018	Mon	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Oct 23, 2018	Tue	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 24, 2018	Wed	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 25, 2018	Thu	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 26, 2018	Fri	Practice	N/A	3:30 PM	5:00 PM	HHS Middle School Lacrosse Field #2		
Oct 27, 2018	Sat	Meet (2018 JR. HIGH SUPER TOUGH ATHLETIC COMPETITION STAC)	Vs. Multiple	9:00 AM		Ann G McGuinness Elementary Cross Country Course	Bus/Driver: HCSD Bus	Departure Point: Weight Room Doors Departure Time: 6:45 AM

Date: 2026-02-14