



Groton

(B) MODIFIED Wrestling

Coaches:

- Reese Lockwood

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 5, 2026	Mon	Practice	N/A	3:00 PM		Groton High School Wrestling Room		
Jan 5, 2026	Mon	Practice	N/A	3:00 PM		Groton High School Wrestling Room		
Jan 6, 2026	Tue	Practice	N/A	3:00 PM		Groton High School Wrestling Room		
Jan 7, 2026	Wed	Practice	N/A	3:00 PM		Groton High School Wrestling Room		
Jan 8, 2026	Thu	Practice	N/A	3:00 PM		Groton High School Wrestling Room		
Jan 9, 2026	Fri	Practice	N/A	3:00 PM		Groton High School Wrestling Room		
Jan 12, 2026	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 13, 2026	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 14, 2026	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 15, 2026	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 16, 2026	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 20, 2026	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 21, 2026	Wed	Regular Season	Moravia, Whitney Point @ Marathon	5:00 PM		Marathon H S	Departure Point: HS GYM Departure Time: 4:00 PM	L
Jan 22, 2026	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 23, 2026	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 26, 2026	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 27, 2026	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 28, 2026	Wed	Regular Season	Elmira Heights, Newark Valley, Marathon	5:00 PM		Groton High School Gym		L
Jan 29, 2026	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Jan 30, 2026	Fri	Regular Season	Dryden	5:00 PM		Groton High School Gym		L
Feb 2, 2026	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Feb 3, 2026	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Feb 4, 2026	Wed	Regular Season	Trumansburg, Lansing @ Whitney Point	5:00 PM		WPHS Gymnasium	Departure Point: HS Gym Departure Time: 3:50 PM	L
Feb 5, 2026	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Feb 6, 2026	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Feb 9, 2026	Mon	Practice	N/A	3:00 PM	4:15 PM	Groton High School Wrestling Room		
Feb 10, 2026	Tue	Practice	N/A	3:00 PM	4:15 PM	Groton High School Wrestling Room		
Feb 11, 2026	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
POSTPONED Feb 11, 2026	Wed	Regular Season	Tioga, Newark Valley @ Lansing	5:00 PM		Lansing HS	Departure Point: HS Gym Departure Time: 4:10 PM	L
Feb 12, 2026	Thu	Practice	N/A	3:00 PM	4:15 PM	Groton High School Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 13, 2026	Fri	Practice	N/A	3:00 PM	4:15 PM	Groton High School Wrestling Room		
Feb 16, 2026	Mon	Practice	N/A	4:30 PM	6:00 PM	Groton High School Wrestling Room		
Feb 17, 2026	Tue	Practice	N/A	4:30 PM	6:00 PM	Groton High School Wrestling Room		
Feb 18, 2026	Wed	Practice	N/A	4:30 PM	6:00 PM	Groton High School Wrestling Room		
Feb 19, 2026	Thu	Practice	N/A	4:30 PM	6:00 PM	Groton High School Wrestling Room		
Feb 20, 2026	Fri	Practice	N/A	4:30 PM	6:00 PM	Groton High School Wrestling Room		
Feb 21, 2026	Sat	Post-Season (IAC Modified Tournament)	@ TBD	10:00 AM		Jack Davis Gym (High School)	Departure Point: HS Gym Departure Time: 8:30 AM	L
Feb 23, 2026	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Feb 24, 2026	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Feb 25, 2026	Wed	Regular Season	Tioga, Moravia @ Spencer-Van Etten (SVEC Eagles)	5:00 PM		Spencer Van Etten HS	Departure Point: HS Gym Departure Time: 3:40 PM	L

Date: 2026-02-15