



Groton (B) V Wrestling

Coaches:

- Anthony DeGraffe

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Nov 23, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Nov 25, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Nov 26, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Nov 28, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Nov 29, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Nov 30, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 1, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 5, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD	Departure Time: 3:00 PM	
Dec 6, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 7, 2022	Wed	Regular Season	Whitney Point	6:00 PM		Groton High School Gym		L
Dec 8, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD		
Dec 9, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 12, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 13, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 14, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 15, 2022	Thu	Regular Season	Moravia	6:00 PM		Groton High School Gym		L
Dec 16, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		

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Dec 17, 2022	Sat	Regular Season (Cuneen Doane Tournament)	Port Jervis, Deposit (Deposit-Hancock), Windsor, Susquehanna Valley, Sidney, Morrisville-Eaton (Morrisville-Eaton), Homer, Sherburne-Earlville, Whitney Point, Chenango Valley, Lansing (Co-ed), Pine Bush @ Delaware Academy (WDA)	9:30 AM		Walton HS Gym		NL
Dec 19, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 20, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 21, 2022	Wed	Regular Season	Lansing (Co-ed)	6:00 PM		Groton High School Gym		L
Dec 22, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
CANCELLED Dec 23, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High School Wrestling Room		
Dec 26, 2022	Mon	Practice	N/A	10:00 AM	12:00 PM	Groton High School Wrestling Room		
Dec 27, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 27, 2022	Tue	Practice	N/A	3:05 PM	5:00 PM	Groton High School Wrestling Room		
Dec 28, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 28, 2022	Wed	Practice	N/A	3:05 PM	5:00 PM	Groton High School Wrestling Room		
Dec 29, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 29, 2022	Thu	Practice	N/A	3:05 PM	5:00 PM	Groton High School Wrestling Room		
Jan 2, 2023	Mon	Practice	N/A	10:00 AM	12:00 PM	Groton High School Wrestling Room		
Jan 2, 2023	Mon	Practice	N/A	3:00 PM		Groton High Weight Room		
Jan 3, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 3, 2023	Tue	Practice	N/A	3:00 PM		Groton High Weight Room		
Jan 4, 2023	Wed	Regular Season 21-54 L	@ Odessa-Montour	6:30 PM		Jack Davis Gym (High School)		L

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Jan 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 6, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 9, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 11, 2023	Wed	Regular Season	@ Elmira Heights	4:00 PM		Cohen Middle School		L
Jan 12, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 13, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 14, 2023	Sat	Meet (Cazenovia Wrestling Invitational)	Vs. Multiple	9:30 AM	7:00 PM	Cazenovia HS Buckley Gym, Cazenovia Middle School Gym		NL
Jan 17, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 18, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 18, 2023	Wed	Regular Season	Moravia	6:00 PM		Groton High School Gym		L
Jan 19, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 20, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 21, 2023	Sat	Regular Season (IAC Championships - Online Ticketing Only - GoFan.co)	Odessa-Montour, Tioga, Dryden, Newark Valley, Marathon, Spencer-Van Etten (SVEC Eagles), Whitney Point, Lansing (Co-ed), Moravia, Elmira Heights, TBD @ Waverly	9:30 AM		Waverly High School Gym		L
Jan 23, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 24, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 25, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		

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Jan 27, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 30, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 31, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Feb 1, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Feb 2, 2023	Thu	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 3, 2023	Fri	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 4, 2023	Sat	Regular Season (Section IV Class Tournament - B)	Windsor, Bainbridge Guilford (Bears), Waverly, Spencer-Van Etten (SVEC Eagles), Greene (Greene/Oxford), Maine-Endwell, Deposit (Deposit-Hancock), Susquehanna Valley, Newark Valley, Moravia @ Sidney	7:30 AM		Sidney HS gym		NL
Feb 4, 2023	Sat	Post-Season (section IV qualifier)	TBD	9:30 AM		Groton High School Gym	Departure Time: 6:30 AM	L
Feb 6, 2023	Mon	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 7, 2023	Tue	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 8, 2023	Wed	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 9, 2023	Thu	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 10, 2023	Fri	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 13, 2023	Mon	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 14, 2023	Tue	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 15, 2023	Wed	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 16, 2023	Thu	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 17, 2023	Fri	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 20, 2023	Mon	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 21, 2023	Tue	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 22, 2023	Wed	Practice	N/A	3:00 PM		Groton High Weight Room		
Feb 23, 2023	Thu	Practice	N/A	3:00 PM		Groton High Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 7, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 8, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 9, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 10, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 17, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 22, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Mar 23, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		

Date: 2025-12-19