



Groton

(G) V Outdoor Track

Coaches:

- Scott Weeks

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 18, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 19, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 20, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 21, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 24, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 25, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 26, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 27, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 28, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Mar 31, 2025	Mon	Regular Season	Tioga, Southern Cayuga, Union Springs @ Newfield	4:30 PM	8:00 PM	Cancro Field	Departure Time: 3:00 PM		L
Apr 1, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 2, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 3, 2025	Thu	Regular Season	Candor (Candor), Odessa-Montour, Spencer-Van Etten, Southern Cayuga, Union Springs	4:30 PM		Groton High Track/Practice Field			L
Apr 4, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 7, 2025	Mon	Regular Season	@ Union Springs	4:30 PM		U S M S and H S	Departure Time: 2:30 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 8, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 9, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 11, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 14, 2025	Mon	Regular Season (Marathon Spring Fling)	@ Marathon	4:00 PM		Appleby E S	Departure Time: 2:30 PM		NL
Apr 15, 2025	Tue	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Apr 17, 2025	Thu	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Apr 21, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 22, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 23, 2025	Wed	Regular Season	Moravia	4:30 PM		Groton High Track/Practice Field			L
Apr 24, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 25, 2025	Fri	Regular Season (Ithaca Relays)	@ TBD	4:00 PM		IHS Moresco Stadium	Departure Time: 3:00 PM		L
Apr 28, 2025	Mon	Regular Season	@ Southern Cayuga	4:30 PM		Southern Cayuga HS Track	Departure Time: 3:00 PM		L
Apr 29, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
Apr 30, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Groton High Track/Practice Field			
May 2, 2025	Fri	Regular Season (O-M Legends of the Night Invitational)	Watkins Glen, Trumansburg, Moravia, Union Springs, South Seneca, Candor (Candor), Dryden, Tioga, Newfield, Elmira Heights, Southern Cayuga, Spencer-Van Etten, Lansing @ Odessa-Montour	4:30 PM		Charles Martin Field	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 5, 2025	Mon	Regular Season (**SENIOR DAY)	Marathon, Newfield	4:30 PM		Groton High Track/Practice Field			L
POSTPONED May 9, 2025	Fri	Regular Season (Trumansburg Invitational)	@ TBD	4:30 PM		Stadium Field	Departure Time: 3:00 PM		NL
May 12, 2025	Mon	Regular Season	Lansing, Trumansburg, Whitney Point, Union Springs, Moravia, Southern Cayuga, Marathon @ Dryden	4:30 PM		Dryden High School Stadium			L
May 16, 2025	Fri	Regular Season (Fast Times Invitational)	@ TBD	4:00 PM		Corning Memorial Stadium	Class Dismissal: 1:45 PM	Departure Time: 2:00 PM	NL
May 21, 2025	Wed	Regular Season (IAC Championship)	Candor (Candor), Dryden, Elmira Heights, Notre Dame, Elmira, Lansing, Marathon, Moravia, Newfield, Odessa-Montour, Southern Cayuga, Spencer-Van Etten, Tioga, Trumansburg, Union Springs, Watkins Glen, Whitney Point @ Newark Valley	4:45 PM		Newark Valley High School	Departure Time: 3:00 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 22, 2025	Thu	Post-Season (IAC Championship)	Candor (Candor), Dryden, Elmira Heights, Notre Dame, Elmira, Lansing, Marathon, Moravia, Newfield, Odessa-Montour, Southern Cayuga, Spencer-Van Etten, Tioga, Trumansburg, Watkins Glen, Whitney Point, Union Springs @ Newark Valley	4:45 PM		Newark Valley High School	Departure Time: 3:00 PM		L
May 28, 2025	Wed	Post-Season (Section IV Class D Meet)	@ Marathon	2:00 PM		Appleby E S	Class Dismissal: 12:00 PM	Departure Time: 12:15 PM	NL
Jun 4, 2025	Wed	Post-Season (NYS Qualifier (Day1))	@ TBD	5:00 PM		UEHS Mike Miller Track	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	NL
Jun 5, 2025	Thu	Post-Season (NYS Qualifier (Day 2))	@ TBD	5:00 PM		UEHS Mike Miller Track	Class Dismissal: 2:15 PM	Departure Time: 2:30 PM	NL
Jun 13, 2025	Fri	Post-Season (NYS Championship Meet (Day 1))	@ TBD	12:00 AM		Middletown HS			NL
Jun 14, 2025	Sat	Post-Season (NYS Championship Meet (Day 2))	@ TBD	12:00 AM		Middletown HS			NL

Date: 2025-12-18