Coaches:



Danielle Slade



DATE	WEEK DAY	⁽ TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Mar 24, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Mar 25, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Mar 26, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Mar 27, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Mar 28, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Mar 31, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 1, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 2, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 3, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 4, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 7, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 8, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 10, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 11, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 21, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 22, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 23, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	
Apr 25, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	E TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 28, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Apr 29, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Apr 30, 2025	Wed	Regular Season	Newfield, Moravia, Lansing @ Union Springs	4:30 PM		USMS and HS		Departure Time: 3:00 PM	L
May 8, 2025	Thu	Regular Season	Lansing, Moravia @ Trumansburg	4:30 PM		Stadium Field		Departure Time: 3:00 PM	L
May 14, 2025	Wed	Regular Season (U Springs, Moravia, S Cayuga, Marathon)	@ TBD	4:30 PM		Appleby E S		Departure Time: 3:00 PM	L
May 16, 2025	Fri	Regular Season	Newfield, Lansing @ Southern Cayuga	4:30 PM		Southern Cayuga HS Track		Departure Time: 3:00 PM	L
May 20, 2025	Tue	Regular Season (Tburg Modified Invite)	@ TBD	4:30 PM		Stadium Field		Departure Time: 3:00 PM	NL
May 27, 2025	Tue	Regular Season (Marathon JH Invite)	@ TBD	4:00 PM		Appleby E S	Class Dismissal: 2:00 PM	Departure Time: 2:15 PM	NL
May 29, 2025	Thu	Regular Season	Dryden, Lansing	4:30 PM		Groton High Track/Practice Field			L

Date: 2025-12-19