Coaches:

• Simon Moll



DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 11, 2024	Thu	Regular Season (spring fling)	@ Marathon	4:00 PM		Chenango Valley State Park	Class Dismissal: 2:20 PM	Departure Time: 2:30 PM	L
Apr 15, 2024	Mon	Regular Season	Odessa- Montour, Moravia, Newfield @ Marathon	5:00 PM		Marathon H S		Departure Time: 3:00 PM	L
Apr 23, 2024	Tue	Regular Season	Newfield, Union Springs @ Spencer- Van Etten	4:30 PM	7:30 PM	Spencer-Van Etten HS		Departure Time: 3:00 PM	L
Apr 26, 2024	Fri	Regular Season (Ithaca Relays and Races)	Trumansburg, Newark Valley, Geneva, Rome Free Academy, West Canada Valley, Lansing, Candor (Candor), Solvay, Horseheads, Tioga, Auburn, Maine- Endwell, Newfield @ Ithaca	5:00 PM	10:00 PM	IHS Moresco Stadium			NL
Apr 29, 2024	Mon	Regular Season	Candor (Candor), Newfield, Tioga, Marathon	4:30 PM		Groton High Track/Practice Field			L
Apr 29, 2024	Mon	Regular Season	Whitney Point	4:30 PM		Groton High Track/Practice Field			L
May 6, 2024	Mon	Post-Season (IAC's)	Union Springs, Southern Cayuga, Marathon, Moravia, TBD @ Dryden	4:30 PM		Dryden High School Stadium		Departure Time: 3:00 PM	L
May 10, 2024	Fri	Regular Season (FAST TIMES)	Union Springs, Spencer-Van Etten, Horseheads @ Corning- Painted Post	4:30 PM		Corning Memorial Stadium	Class Dismissal: 1:50 PM	Departure Time: 2:00 PM	NL
May 15, 2024	Wed	Regular Season (iac championships)	TBD	4:45 PM		TBD		Departure Time: 3:00 PM	L
May 16, 2024	Thu	Regular Season (IAC Championship)	TBD	4:45 PM		TBD		Departure Time: 3:00 PM	L

DATE	WEEK	TYPE	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 20, 2024	Mon	Regular Season (steeplechase)	TBD	4:30 PM	TBD		Departure Time: 3:00 PM	L,
May 22, 2024	Wed	Regular Season (section iv Class D)	TBD	2:00 PM	TBD	Class Dismissal: 12:00 PM	Departure Time: 2:00 PM	L

Date: 2025-12-15