

## Coaches:

- Nicholas Crans, Head Coach
- Ryan Asmus, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE I / NON- LEAGUE
Aug 22, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Aug 23, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Aug 24, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Aug 25, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Aug 26, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Aug 29, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Aug 30, 2022	Tue	Practice	N/A	9:00 AM	10:30 AM	Groton High Track/Practice Field			
Aug 31, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 1, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 2, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 6, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 7, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 8, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 9, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 10, 2022	Sat	Regular Season	@ Oxford	3:00 PM		TBD		<b>Departure Time:</b> 12:30 AM	NL
Sep 12, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 13, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 14, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 15, 2022	Thu	Regular Season	@ Moravia	4:30 PM		Scarry Athletic Complex (Field)		<b>Departure Time:</b> 3:15 PM	L
Sep 16, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 19, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 20, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 22, 2022	Thu	Regular Season	@ Elmira Heights	4:30 PM		Northrop Field	Class Dismissal: 2:30 PM	<b>Departure Time:</b> 2:40 PM	L
Sep 23, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 27, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 28, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
CANCELLED Sep 30, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Sep 30, 2022	Fri	Regular Season	@ Newfield	3:30 PM		Cancro Field	Class Dismissal: 1:45 PM	<b>Departure Time:</b> 2:00 PM	NL
Oct 3, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 4, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 5, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 6, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 7, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 8, 2022	Sat	Regular Season	@ Unadilla Valley	2:00 PM		TBD		<b>Departure Time:</b> 11:30 AM	NL
Oct 11, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 12, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 13, 2022	Thu	Regular Season	Trumansburg	5:30 PM		Ross Field Groton (Football, Varsity Boys & Girls Soccer, Softball)			L
Oct 14, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 17, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 18, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 19, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 20, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 21, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Groton High Track/Practice Field			
Oct 22, 2022	Sat	Regular Season 6-30 L	Greene	11:00 AM		Ross Field Groton (Football, Varsity Boys & Girls Soccer, Softball)			L

Date: 2024-05-03