



# Groton

## (B) MODIFIED Cross Country

### Coaches:

- Simon Moll

| DATE         | WEEK DAY | TYPE           | OPPONENTS  | START TIME | END TIME                                       | LOCATION                         | DEPARTURE              | TRANSPORTATION / NON-LEAGUE |
|--------------|----------|----------------|--|------------|--|----------------------------------|------------------------|-----------------------------|
| Aug 25, 2025 | Mon      | Practice       | N/A  | TBD        |  | Groton High Track/Practice Field |                        |                             |
| Aug 26, 2025 | Tue      | Practice       | N/A  | 9:00 AM    | 11:00 AM                                       | Groton High Track/Practice Field |                        |                             |
| Aug 27, 2025 | Wed      | Practice       | N/A  | 9:00 AM    | 11:00 AM                                       | Groton High Track/Practice Field |                        |                             |
| Aug 28, 2025 | Thu      | Practice       | N/A  | 9:00 AM    | 11:00 AM                                       | Groton High Track/Practice Field |                        |                             |
| Aug 29, 2025 | Fri      | Practice       | N/A  | 9:00 AM    | 11:00 AM                                       | Groton High Track/Practice Field |                        |                             |
| Sep 2, 2025  | Tue      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Groton High Track/Practice Field |                        |                             |
| Sep 3, 2025  | Wed      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Groton High Track/Practice Field |                        |                             |
| Sep 4, 2025  | Thu      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Groton High Track/Practice Field |                        |                             |
| Sep 5, 2025  | Fri      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Groton High Track/Practice Field |                        |                             |
| Sep 8, 2025  | Mon      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Groton High Track/Practice Field |                        |                             |
| Sep 9, 2025  | Tue      | Regular Season | Candor (Candor), Dryden, Notre Dame, Elmira, Spencer-Van Etten (S-VE Panthers) @ Whitney Point | 4:00 PM    | WP Cross Country Course                        | Groton Central School District   | <b>Bus/Driver:</b>     | <b>Departure Point:</b>     |
|              |          |                |  |            |  |                                  |                        | <b>HS Gym</b>               |
| Sep 10, 2025 | Wed      | Practice       | N/A  | 3:00 PM    | Groton High Track/Practice Field               |                                  | <b>Departure Time:</b> | L                           |
|              |          |                |  |            |  |                                  | 3:00 PM                |                             |
| Sep 11, 2025 | Thu      | Practice       | N/A  | 3:00 PM    | Groton High Track/Practice Field               |                                  |                        |                             |
| Sep 12, 2025 | Fri      | Practice       | N/A  | 3:00 PM    | Groton High Track/Practice Field               |                                  |                        |                             |
| Sep 16, 2025 | Tue      | Regular Season | Marathon, Trumansburg, Newark Valley, Southern Cayuga, Whitney Point                           | 5:00 PM    | Stonehedges Golf Course - Cross Country & Golf | Groton Central School District   | <b>Bus/Driver:</b>     | <b>Departure Point:</b>     |
|              |          |                |  |            |  |                                  |                        | <b>HS Gym</b>               |
|              |          |                |  |            |  |                                  | <b>Departure Time:</b> |                             |
|              |          |                |  |            |  |                                  | 3:00 PM                |                             |

| DATE         | WEEK DAY | TYPE  | OPPONENTS   | START TIME | END TIME | LOCATION                                       | DEPARTURE TRANSPORTATION   | LEAGUE / NON-LEAGUE   |
|--------------|----------|---|---|------------|----------|--|--|---|
| Sep 20, 2025 | Sat      | Regular Season (Baldwinsville Invitational)       | @ TBD   | 9:00 AM    |          | Bville - Durgee Cross Country Trail            | <b>Bus/Driver:</b> Groton Central School District  | <b>Departure Point:</b> HS Gym<br><b>Departure Time:</b> 6:30 AM NL |
| Sep 23, 2025 | Tue      | Regular Season                                    | Moravia, Marathon, Odessa-Montour @ Trumansburg   | 5:00 PM    |          | Stadium Field                                  | <b>Bus/Driver:</b> Groton Central School District  | <b>Departure Point:</b> HS Gym<br><b>Departure Time:</b> 3:00 PM L  |
| Sep 27, 2025 | Sat      | Regular Season (McQuaid Invitational)             | @ McQuaid Jesuit  | TBD        |          | TBD  | <b>Bus/Driver:</b> Groton Central School District  | <b>Departure Point:</b> HS Gym<br><b>Departure Time:</b> 6:00 AM NL |
| Sep 30, 2025 | Tue      | Regular Season (BYE Week Invitational)            | @ Moravia   | 5:00 PM    |          | Fillmore Glen Golf Course                      | <b>Bus/Driver:</b> Groton Central School District  | <b>Departure Point:</b> HS Gym<br><b>Departure Time:</b> 3:00 PM L  |
| Oct 7, 2025  | Tue      | Regular Season (IAC Divisional Meet)              | Marathon, Moravia, Southern Cayuga, Spencer-Van Etten (S-VE Panthers), Candor (Candor), Tioga, Odessa-Montour | 4:30 PM    |          | Stonehedges Golf Course - Cross Country & Golf | <b>Bus/Driver:</b> Groton Central School District  | <b>Departure Point:</b> HS Gym<br><b>Departure Time:</b> 3:00 PM L  |
| Oct 18, 2025 | Sat      | Regular Season (Marathon Invitational)            | @ TBD   | 8:00 AM    |          | Appleby E S                                    | <b>Bus/Driver:</b> Groton Central School District  | <b>Departure Point:</b> HS Gym<br><b>Departure Time:</b> 7:15 AM NL |
| Oct 23, 2025 | Thu      | Regular Season (IAC End of Season Invite @ TBurg) | @ TBD   | 5:00 PM    |          | Stadium Field                                  | <b>Bus/Driver:</b> Groton Central School District<br><b>Class</b><br><b>Dismissal:</b> 2:15 PM | <b>Departure Point:</b> HS Gym<br><b>Departure Time:</b> 2:30 PM NL |

Date: 2026-02-13