



Groton

(B) V Cross Country

Coaches:

- Scott Weeks

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 18, 2025	Mon	Practice	N/A	9:00 AM	11:00 PM	Groton High Track/Practice Field			
Aug 19, 2025	Tue	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Aug 20, 2025	Wed	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Aug 21, 2025	Thu	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Aug 22, 2025	Fri	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Aug 25, 2025	Mon	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Aug 26, 2025	Tue	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Aug 27, 2025	Wed	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Aug 28, 2025	Thu	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Aug 29, 2025	Fri	Practice	N/A	9:00 AM	11:00 AM	Groton High Track/Practice Field			
Sep 2, 2025	Tue	Practice	N/A	3:00 PM		Groton High Track/Practice Field			
Sep 3, 2025	Wed	Practice	N/A	3:00 PM		Groton High Track/Practice Field			
Sep 4, 2025	Thu	Practice	N/A	3:00 PM		Groton High Track/Practice Field			
Sep 5, 2025	Fri	Practice	N/A	3:00 PM		Groton High Track/Practice Field			
Sep 8, 2025	Mon	Practice	N/A	3:00 PM		Groton High Track/Practice Field			
Sep 9, 2025	Tue	Regular Season	Dryden, Notre Dame, Elmira, Spencer-Van Etten (S-VE Panthers), Candor (Candor) @ Whitney Point	5:00 PM		WP Cross Country Course	Departure Point: HS Gym Departure Time: 3:00 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2025	Wed	Practice	N/A	3:00 PM		Groton High Track/Practice Field			
Sep 11, 2025	Thu	Practice	N/A	3:00 PM		Groton High Track/Practice Field			
Sep 12, 2025	Fri	Practice	N/A	3:00 PM		Groton High Track/Practice Field			
Sep 13, 2025	Sat	Regular Season (ESM Invitational)	@ TBD	9:00 AM		ESM Kirkville Rd. Field		Departure Point: HS Gym Departure Time: 6:00 AM	NL
Sep 16, 2025	Tue	Regular Season	Marathon, Newark Valley, Southern Cayuga, Trumansburg, Whitney Point	5:00 PM		Stonehedges Golf Course - Cross Country & Golf		Departure Point: HS Gym Departure Time: 3:00 PM	L
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	9:00 AM	6:30 PM	Bville - Durgee Cross Country Trail		Departure Point: HS Gym Departure Time: 6:30 AM	NL
Sep 23, 2025	Tue	Regular Season	Moravia, Marathon, Odessa-Montour @ Trumansburg	5:00 PM		Stadium Field		Departure Point: HS Gym Departure Time: 3:00 PM	L
Sep 27, 2025	Sat	Regular Season (McQuiad Invitational)	@ McQuaid Jesuit	9:00 AM		McQuaid Jesuit HS		Departure Point: HS Gym Departure Time: 6:00 AM	NL
Sep 30, 2025	Tue	Regular Season (BYE Week Invitational)	@ Moravia	5:00 PM		Fillmore Glen Golf Course		Departure Point: HS Gym Departure Time: 3:00 AM	L
Oct 7, 2025	Tue	Regular Season	Marathon, Moravia, Southern Cayuga, Spencer-Van Etten (S-VE Panthers), Candor (Candor), Tioga, Odessa-Montour	4:30 PM		Stonehedges Golf Course - Cross Country & Golf		Departure Point: HS Gym Departure Time: 3:00 PM	L
Oct 18, 2025	Sat	Regular Season (Marathon Invitational)	@ Marathon	8:00 AM		Appleby E S		Departure Point: HS Gym Departure Time: 7:15 AM	NL
Oct 21, 2025	Tue	Regular Season (Whitney Point Invitational)	@ Whitney Point	4:15 PM		WP Cross Country Course	Class Dismissal: 2:15 PM	Departure Point: HS Gym Departure Time: 2:30 PM	NL
Oct 29, 2025	Wed	Post-Season (IAC Championship)	@ Marathon	TBD		Appleby E S	Class Dismissal: 1:45 PM	Departure Point: HS Gym Departure Time: 2:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 6, 2025	Thu	Post-Season (Sect IV Championship)	TBD	TBD		Chenango Valley State Park	Departure Point: HS Gym Departure Time: 7:30 AM	NL
Nov 15, 2025	Sat	Post-Season (NYS Championship)	TBD	TBD		Queensbury HS		NL

Date: 2025-12-05