



• Jayme Evans, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:00 PM	Groton High School Wrestling Room	
Nov 18, 2025	Tue	Practice	N/A	3:00 PM	Groton High School Wrestling Room	
Nov 19, 2025	Wed	Practice	N/A	3:00 PM	Groton Elementary Small Gym	
Nov 20, 2025	Thu	Practice	N/A	3:00 PM	Groton High School Wrestling Room	
Nov 21, 2025	Fri	Practice	N/A	3:00 PM	Groton High School Wrestling Room	
Nov 24, 2025	Mon	Practice	N/A	3:00 PM	Groton High School Wrestling Room	
Nov 25, 2025	Tue	Practice	N/A	3:00 PM	Groton High School Wrestling Room	
Nov 26, 2025	Wed	Practice	N/A	8:00 AM	Groton High School Wrestling Room	
Nov 28, 2025	Fri	Practice	N/A	8:00 AM	Groton High School Wrestling Room	
Nov 29, 2025	Sat	Practice	N/A	8:00 AM	Groton High School Wrestling Room	
Dec 1, 2025	Mon	Practice	N/A	3:00 PM	Groton High School Wrestling Room	
Dec 2, 2025	Tue	Practice	N/A	3:00 PM	Groton High School Wrestling Room	
Dec 3, 2025	Wed	Practice	N/A	3:00 PM	Groton High School Wrestling Room	
Dec 4, 2025	Thu	Practice	N/A	3:00 PM	Groton High School Wrestling Room	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 5, 2025	Fri	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 6, 2025	Sat	Regular Season (Lady Red Hawk Duals)	TBD	9:30 AM	Groton High School Gym		L
Dec 8, 2025	Mon	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 9, 2025	Tue	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 10, 2025	Wed	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 11, 2025	Thu	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 12, 2025	Fri	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 13, 2025	Sat	Regular Season (Iron Maiden Tournament)	@ TBD	9:00 AM	Minisink Valley HS	Departure Time: 4:00 AM	L
Dec 15, 2025	Mon	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 16, 2025	Tue	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 17, 2025	Wed	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 18, 2025	Thu	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 19, 2025	Fri	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 20, 2025	Sat	Regular Season (Linda C Knuutila Tournament @ SUNY Niagara)	@ TBD	9:00 AM	TBD	Departure Time: 3:45 AM	L
Dec 22, 2025	Mon	Practice	N/A	3:00 PM	Groton High School Wrestling Room		
Dec 23, 2025	Tue	Practice	N/A	3:00 PM	Groton High School Wrestling Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 26, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Dec 27, 2025	Sat	Practice	N/A	9:00 AM	11:00 AM	Groton High School Wrestling Room		
Dec 28, 2025	Sun	Practice	N/A	9:00 AM	11:00 AM	Groton High School Wrestling Room		
Dec 29, 2025	Mon	Regular Season (Coxsackie-Athens Tournament)	@ Coxsackie- Athens	9:00 AM		Coxsackie- Athens HS	Departure Time: 3:45 AM	L
Dec 30, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 2, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	Groton High School Wrestling Room		
Jan 3, 2026	Sat	Practice	N/A	9:00 AM	11:00 AM	Groton High School Wrestling Room		
Jan 4, 2026	Sun	Regular Season (Dame of Thrones Tournament @ Impact Sports Center)	@ TBD	9:30 AM		TBD	Departure Time: 4:00 AM	L
Jan 9, 2026	Fri	Regular Season (Southern Tier Tournament)	@ TBD	10:00 AM		TBD	Departure Time: 7:00 AM	L
Jan 10, 2026	Sat	Regular Season (Southern Tier Tournament)	@ TBD	9:00 AM		TBD	Departure Time: 5:30 AM	L
Jan 19, 2026	Mon	Regular Season (Windsor Tournament)	Harpursville (I - 88 HORNETS), Spencer-Van Etten (SVEC Eagles), West Genesee, Greene, Elmira, TBD, Corning- Painted Post, Oneonta, Deposit, Owego Apalachin, Johnson City, Union-Endicott, Tioga, Waverly, Indian River, Ithaca, Homer, Burnt Hills- Ballston Lake HS, Sidney, Susquehanna Valley, Walton (WDA girls wrestling), Gouverneur @ Windsor	9:30 AM		Windsor High School	Departure Time: 6:30 AM	NL
Jan 24, 2026	Sat	Regular Season (Canandaigua Tournament)	@ TBD	10:00 AM		Canandaigua Academy	Departure Point: HS GYM Departure Time: 5:15 AM	L

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Jan 28, 2026	Wed	Regular Season	Newark Valley @ Tioga	6:00 PM		High School Gym	Departure Point: HS Gym	L
CANCELLED Jan 31, 2026	Sat	Regular Season (Edgemont Tournament)	@ TBD	9:00 AM		Edgemont HS	Departure Time: 3:00 AM	L
Feb 4, 2026	Wed	Regular Season (Quad Meet)	Horseheads (Girls Wrestling Varsity), Baldwinsville	5:00 PM	8:00 PM	Groton High School Gym		L
Feb 15, 2026	Sun	Post-Season (Section 4 Championships)	@ TBD	9:00 AM		Visions Arena	Departure Time: 6:00 AM	L
Feb 26, 2026	Thu	Post-Season (NYS Championships)	@ TBD	9:00 AM		TBD		L

Date: 2025-12-16