

## Coaches:

- William Dunlap, Head Coach
- Deb Krupp, Asst Coach

DATE	WEEK	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 28, 2024	Thu	Regular Season (Rotary Relays)	Spencer-Van Etten, Norwich @ Chenango Forks	4:30 PM	High School - Stadium	<b>Departure Time:</b> 3:30 PM	NL
Apr 15, 2024	Mon	Regular Season	Harpursville (Afton/Harpur), Sidney, Walton @ Deposit (Deposit-Hancock)	4:30 PM	Ron O'Connell Athletic Stadium	Departure Time: 3:00 PM	L
Apr 17, 2024	Wed	Regular Season (MAC)	Deposit (Deposit- Hancock), Bainbridge Guilford @ Delaware Academy	4:30 PM	Track and Field Complex	<b>Departure Time:</b> 2:45 PM	L
Apr 20, 2024	Sat	Regular Season (Quinney Invite)	Laurens (Laurens/Milford), Franklin, Harpursville (Afton/Harpur), Whitney Point, Walton, Cooperstown, Gilbertsville-Mount Upton, Schenevus (Schenevus/Worcester), Edmeston (Morris/Edmeston), Cherry Valley- Springfield (CVS-SS), Unadilla Valley (UV), Bainbridge Guilford @ Sidney	10:00 AM	Sidney HS Track		NL
Apr 24, 2024	Wed	Regular Season	Unatego, Sidney @ Deposit (Deposit- Hancock)	4:30 PM	Ron O'Connell Athletic Stadium	Departure Time: 3:00 PM	L
May 1, 2024	Wed	Regular Season (MAC RELAYS (Senior Recognition @4:00))	Bainbridge Guilford, Sidney, Unadilla Valley (UV), Delaware Academy, Deposit (Deposit-Hancock), Afton (Afton/Harpur), Unatego @ Walton	4:15 PM	Walton Track	<b>Departure Time:</b> 2:30 PM	L
May 3, 2024	Fri	Regular Season (REK Invitational hosted by Norwich at Sidney)	Deposit (Deposit- Hancock), Cincinnatus, Bainbridge Guilford, Unadilla Valley (UV), Gilbertsville-Mount Upton, Edmeston (Morris/Edmeston), DeRuyter, Afton (Afton/Harpur), Unatego Newark Valley, Norwich, Morrisville-Eaton, TBD @ Sidney		Sidney HS Track	<b>Departure Time:</b> 3:00 PM	NL

DATE	WEEK DAY TYPE	OPPONENTS	START END TIME TIM	) E LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 8, 2024	Wed Regular Season	Stamford, Laurens (Laurens/Milford), Unatego, Unadilla Valley (UV), Deposit (Deposit-Hancock), South Kortright, Edmeston (Morris/Edmeston), Cherry Valley- Springfield (CVS-SS), Bainbridge Guilford, Walton, Schenevus (Schenevus/Worcester) Charlotte Valley, Gilbertsville-Mount Upton, Franklin @ Delaware Academy	4:00 PM ,	Track and Field Complex	<b>Departure Time:</b> 2:35 PM	L
May 10, 2024	Fri Regular Season (Yellowjacket Invit	Walton, Stamford, Milford (Laurens/Milford), Unatego, Unadilla Valley (UV), South Kortright, Edmeston (Morris/Edmeston), Bainbridge Guilford @ Oneonta	4:00 PM	Oneonta High School		L
May 15, 2024	Regular Season Wed (MAC CHAMPIONSHIPS	Bainbridge Guilford, Harpursville (Afton/Harpur), Unatego Deposit (Deposit- Hancock), Unadilla Valley (UV), Delaware Academy, Walton @ Sidney	o, 4:15 PM	Sidney HS Track	<b>Departure Time:</b> 2:45 PM	L

Date: 2024-05-20