



Gilbertsville-Mount Upton

(B) V Outdoor Track

Coaches:

- Jeff Rhone

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 15, 2024	Mon	Regular Season	Franklin, Stamford	4:30 PM	6:30 PM	G-MU - Track		L
Apr 20, 2024	Sat	Regular Season (Quinney Invite)	Laurens (Laurens/Milford), Franklin, Harpursville (Afton/Harpur), Whitney Point, Walton, Cooperstown, Schenevus (Schenevus/Worcester), Edmeston (Morris/Edmeston), Cherry Valley-Springfield (CVS-SS), Unadilla Valley (UV), Bainbridge Guilford, Oxford (Greene/Oxford) @ Sidney	10:00 AM		Sidney HS Track		NL
Apr 24, 2024	Wed	Regular Season	Stamford @ Laurens (Laurens/Milford)	4:30 PM	7:00 PM	Milford School		L
Apr 29, 2024	Mon	Regular Season	Schenevus (Schenevus/Worcester), Margaretville, Charlotte Valley, Franklin	4:30 PM	6:30 PM	G-MU - Track		L
May 1, 2024	Wed	Regular Season (Tri-Valley Relays)	Laurens (Laurens/Milford), Franklin, Richfield Springs (Richfield/ODY), Cherry Valley-Springfield (CVS-SS), Schenevus (Schenevus/Worcester), Charlotte Valley @ Edmeston (Morris/Edmeston)	4:30 PM		Edmeston Central School		L
May 3, 2024	Fri	Regular Season (REK Invitational hosted by Norwich at Sidney)	Deposit (Deposit-Hancock), Cincinnatus, Bainbridge Guilford, Unadilla Valley (UV), Oxford (Greene/Oxford), Edmeston (Morris/Edmeston), DeRuyter, Afton (Afton/Harpur), Unatego, Newark Valley, Norwich, Morrisville-Eaton, TBD @ Sidney	4:00 PM		Sidney HS Track		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 8, 2024	Wed	Regular Season	Stamford, Laurens (Laurens/Milford), Unatego, Unadilla Valley (UV), Deposit (Deposit-Hancock), South Kortright, Edmeston (Morris/Edmeston), Cherry Valley-Springfield (CVS-SS), Bainbridge Guilford, Oxford (Greene/Oxford), Walton, Schenevus (Schenevus/Worcester), Charlotte Valley, Franklin @ Delaware Academy	4:00 PM		Track and Field Complex		L
May 10, 2024	Fri	Regular Season (Oneonta Invitational)	@ Oneonta	4:30 PM	6:30 PM	Oneonta High School		NL
May 13, 2024	Mon	Regular Season (Tri Valley Steeplechase)	@ Oneonta	4:00 PM	6:30 PM	Oneonta High School		L
May 16, 2024	Thu	Post-Season (Tri-Valley Championships)	Franklin @ Schenevus (Schenevus/Worcester)	4:30 PM		Sidney HS Track		L
May 20, 2024	Mon	Regular Season (Section IV - Class D Steeplechase)	@ Marathon	4:00 PM	6:00 PM	Appleby E S		NL
May 22, 2024	Wed	Regular Season (Section IV - Class D Championship)	@ Marathon	2:00 PM	6:00 PM	Appleby E S		NL
May 29, 2024	Wed	Regular Season (Section IV - State Qualifier)	@ Union-Endicott	10:00 AM		UEHS Mike Miller Track		NL
May 30, 2024	Thu	Regular Season (Section IV - State Qualifier)	@ Union-Endicott	TBD		UEHS Mike Miller Track		NL
Jun 7, 2024	Fri	Regular Season (NY State Championships)	@ Cicero-North Syracuse	TBD		CNS HS-Bragman Stadium		NL
Jun 8, 2024	Sat	Regular Season (NY State Championships)	@ Cicero-North Syracuse	TBD		CNS HS-Bragman Stadium		NL

Date: 2025-12-05