

## Coaches:

- Phil Longo
- Robert Nicholson, Jr.

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	Pulaski @ Altmar- Parish-Williamstown (APW Rebels)	4:30 PM	6:30 PM	A-P-W Elementary School		L
Sep 20, 2023	Wed	Regular Season	@ Cato-Meridian (Blue Devils)	4:30 AM	6:30 AM	Cato-Meridian Cross Country Course		L
Oct 4, 2023	Wed	Regular Season	DeRuyter, Bishop Ludden @ Manlius Pebble Hill	4:30 PM	6:30 PM	TBD		L
Oct 11, 2023	Wed	Regular Season	Port Byron (Port Byron/Union Springs) @ Weedsport	4:30 PM		Weedsport Jr Sr. High School		L
Oct 25, 2023	Wed	Regular Season (OHSL League Meet)	Onondaga Central, Cato-Meridian (Blue Devils), Weedsport, Pulaski, Altmar-Parish- Williamstown (APW Rebels), Faith Heritage, Manlius Pebble Hill, LaFayette, Bishop Ludden, Cincinnatus, DeRuyter, Fabius- Pompey, Port Byron (Port Byron/Union Springs) @ Tully	4:00 PM		Tully XC Course		L

Date: 2024-05-19