



Elmira

(G) V Wrestling

Coaches:

- Alexa Houper

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2023	Mon	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 5, 2023	Tue	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 6, 2023	Wed	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 7, 2023	Thu	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 8, 2023	Fri	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 11, 2023	Mon	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 12, 2023	Tue	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 14, 2023	Thu	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 18, 2023	Mon	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 19, 2023	Tue	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 20, 2023	Wed	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 21, 2023	Thu	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Dec 26, 2023	Tue	Practice (Practice)	N/A	11:00 AM	12:30 PM	TBD	
Dec 27, 2023	Wed	Practice (Practice)	N/A	11:00 AM	12:30 PM	TBD	
Dec 28, 2023	Thu	Practice (Practice)	N/A	11:00 AM	12:30 PM	TBD	
Dec 29, 2023	Fri	Practice (Practice)	N/A	11:00 AM	12:30 PM	TBD	
Jan 11, 2024	Thu	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Jan 12, 2024	Fri	Practice (Practice)	N/A	3:45 PM	5:15 PM	TBD	
Jan 14, 2024	Sun	Practice (Practice)	N/A	9:00 AM	10:00 AM	TBD	
Jan 17, 2024	Wed	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Jan 18, 2024	Thu	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Jan 22, 2024	Mon	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Jan 23, 2024	Tue	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Jan 24, 2024	Wed	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Jan 29, 2024	Mon	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Jan 30, 2024	Tue	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Feb 1, 2024	Thu	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 5, 2024	Mon	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Feb 6, 2024	Tue	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Feb 7, 2024	Wed	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Feb 8, 2024	Thu	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	
Feb 9, 2024	Fri	Practice (Practice)	N/A	6:00 PM	7:30 PM	TBD	

Date: 2024-05-17