



Elmira

(B) V Wrestling

Coaches:

- David Guyette, Head Coach
- Zakkariah Hopkins
- Christopher Eames

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Nov 15, 2022	Tue	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Nov 16, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Nov 17, 2022	Thu	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Nov 18, 2022	Fri	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Nov 19, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		
Nov 21, 2022	Mon	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Nov 22, 2022	Tue	Practice (Certifications at Waverly)	N/A	5:00 PM	6:30 PM	TBD		
Nov 23, 2022	Wed	Practice	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		
Nov 25, 2022	Fri	Practice	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		
Nov 26, 2022	Sat	Practice (Friends of Section 4 JV Tournament @Horsheds Middle School)	N/A	9:00 AM	3:00 PM	TBD		
Nov 26, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		
Nov 26, 2022	Sat	Regular Season (Friends of Section IV Tournament)	Waverly, Hancock (Deposit-Hancock), Sidney @ Horseheads	9:30 AM	3:00 PM	HHS MS Gym		NL
Nov 28, 2022	Mon	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Nov 28, 2022	Mon	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Nov 29, 2022	Tue	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Nov 30, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		

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Dec 1, 2022	Thu	Regular Season 33-34 L	@ Vestal	6:30 PM	9:00 PM	Vestal High School Baseball Field		L
Dec 2, 2022	Fri	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Dec 3, 2022	Sat	Regular Season (Larry Goodrich Tournament)	Central Valley Academy, Binghamton, Deposit (Deposit-Hancock), Dryden, Holland Patent, Ithaca, Owego Apalachin, Elmira Heights, TBD @ Newark Valley	10:00 AM		Newark Valley High School		L
CANCELLED Dec 8, 2022	Thu	Regular Season	Corning-Painted Post	6:30 PM	9:00 PM	EHS Gym		L
Dec 10, 2022	Sat	Regular Season (Dave Buck Memorial Tournament)	TBD	8:00 AM	6:00 PM	EHS Gym		L
Dec 10, 2022	Sat	Regular Season (Elmira City School District 55th Annual Dave Buck Memorial Tournament)	Whitney Point	9:00 AM		EHS Gym		L
Dec 10, 2022	Sat	Regular Season 0-1 L	Windsor	6:00 PM		EHS Gym		L
POSTPONED Dec 15, 2022	Thu	Regular Season	Johnson City	6:30 PM	9:00 PM	EHS Gym		L
Dec 17, 2022	Sat	Regular Season (5th Annual Greg Partridge Memorial Wrestling Duals)	@ TBD	7:45 AM		Corning-Painted Post High School		L
Dec 19, 2022	Mon	Regular Season	Johnson City @ Union-Endicott	5:00 PM	9:00 PM	UEHS Main Gym		L
Dec 20, 2022	Tue	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Dec 21, 2022	Wed	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Dec 22, 2022	Thu	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Dec 26, 2022	Mon	Practice (Practice)	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		
Dec 27, 2022	Tue	Practice (Practice)	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		
Dec 28, 2022	Wed	Practice (Practice)	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		
Dec 29, 2022	Thu	Practice (Practice)	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		
Dec 30, 2022	Fri	Practice (Practice)	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		
Dec 31, 2022	Sat	Practice (Practice)	N/A	9:00 AM	11:00 AM	EHS Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 2, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	EHS Wrestling Room		
Jan 3, 2023	Tue	Regular Season	@ Horseheads	6:30 PM	9:00 PM	HHS HS North Gym		L
Jan 4, 2023	Wed	Practice	N/A	3:45 PM	5:45 PM	EHS Wrestling Room		
Jan 5, 2023	Thu	Regular Season	Binghamton	6:30 PM	9:00 PM	EHS Gym		L
Jan 6, 2023	Fri	Regular Season (33rd Oneonta Rotary Tournament 2023)	@ TBD	2:45 PM		Oneonta	Departure Date: Jan 6, 2023	L
Jan 7, 2023	Sat	Regular Season (33rd Oneonta Rotary Tournament 2023)	@ TBD	7:00 AM		Oneonta	Departure Date: Jan 6, 2023	L
Jan 10, 2023	Tue	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 11, 2023	Wed	Regular Season	@ Maine-Endwell	6:30 PM	9:00 PM	Maine-Endwell HS Gym		L
Jan 12, 2023	Thu	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 13, 2023	Fri	Regular Season (1st Annual Southern Tier Memorial Tournament @ First Arena)	@ TBD	8:00 AM		TBD		L
Jan 14, 2023	Sat	Regular Season (1st Annual Southern Tier Memorial Tournament @ First Arena)	@ TBD	7:00 AM		TBD		L
Jan 17, 2023	Tue	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 17, 2023	Tue	Regular Season (Sectionals)	@ TBD	TBD		TBD		L
Jan 19, 2023	Thu	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 20, 2023	Fri	Regular Season (STAC Tournament)	@ TBD	3:30 PM		Owego Free Academy		L
Jan 21, 2023	Sat	Regular Season (STAC Tournament)	@ TBD	7:00 AM		Owego Free Academy		L
Jan 23, 2023	Mon	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 24, 2023	Tue	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 25, 2023	Wed	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 26, 2023	Thu	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 27, 2023	Fri	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 30, 2023	Mon	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Jan 31, 2023	Tue	Practice (Practice)	N/A	3:45 PM	5:45 PM	TBD		
Feb 1, 2023	Wed	Regular Season	Wellsboro Area HS	6:00 PM		EHS Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 2, 2023	Thu	Regular Season	Ithaca	7:30 PM		EHS Gym		L
Feb 4, 2023	Sat	Regular Season (A&B Qualifiers)	@ TBD	TBD		TBD		L
CANCELLED Feb 4, 2023	Sat	Regular Season	Ithaca	TBD		Cornell University		L
Feb 11, 2023	Sat	Regular Season (Finals)	@ TBD	TBD		TBD		L

Date: 2024-05-29