



# Elmira

## (B) 7/8TH Swimming/Diving

### Coaches:

- Keith Ess
- Jason Stukey

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 30, 2023	Thu	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 1, 2023	Fri	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 4, 2023	Mon	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 5, 2023	Tue	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 6, 2023	Wed	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 11, 2023	Mon	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 12, 2023	Tue	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 13, 2023	Wed	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 14, 2023	Thu	Regular Season	Vestal, Owego Apalachin	5:30 PM	7:30 PM	EDA Pool	L
Dec 15, 2023	Fri	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 18, 2023	Mon	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 19, 2023	Tue	Practice (practice)	N/A	4:00 PM		EHS Pool	
Dec 20, 2023	Wed	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 2, 2024	Tue	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 3, 2024	Wed	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 8, 2024	Mon	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 9, 2024	Tue	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 10, 2024	Wed	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 15, 2024	Mon	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 16, 2024	Tue	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 17, 2024	Wed	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 18, 2024	Thu	Regular Season	Corning-Painted Post, Union-Endicott	5:30 PM	7:30 PM	EDA Pool	L
Jan 22, 2024	Mon	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 23, 2024	Tue	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 24, 2024	Wed	Practice (practice)	N/A	4:00 PM		EHS Pool	
Jan 26, 2024	Fri	Regular Season	Horseheads	5:30 PM		EDA Pool	L

Date: 2024-05-28