



Elmira

(B) V Swimming/Diving

Coaches:

- Keith Ess, Head Coach
- Allison Newkirk, Asst Coach
- Elizabeth Potter, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 18, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 19, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 20, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 21, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 24, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 25, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 26, 2025	Wed	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Nov 28, 2025	Fri	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Nov 29, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Dec 1, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Dec 3, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Dec 3, 2025	Wed	Regular Season 36-144 L	Maine-Endwell	5:30 PM	8:00 PM	EDA Pool		L
Dec 4, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Dec 5, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Dec 8, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Dec 9, 2025	Tue	Regular Season 43-54 L	@ Union-Endicott	5:30 PM	8:00 PM	UEHS Pool		L
Dec 10, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Dec 11, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Dec 12, 2025	Fri	Regular Season (Elmira Diving Invitational)	TBD	5:00 PM		EDA Pool		L
Dec 13, 2025	Sat	Non-District (elmira invite)	Horseheads	9:00 AM		EDA Pool		NL
Dec 13, 2025	Sat	Regular Season (Swimming Invite)	Horseheads	10:30 AM		EDA Pool		L
Dec 15, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Dec 16, 2025	Tue	Regular Season 75-89 L	@ Vestal	5:30 PM	8:00 PM	Vestal High School Pool		L
Dec 18, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Dec 19, 2025	Fri	Regular Season 74-81 L	@ Horseheads	5:30 PM	8:00 PM	HHS HS Pool		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 22, 2025	Mon	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Dec 23, 2025	Tue	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Dec 24, 2025	Wed	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Dec 27, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Dec 29, 2025	Mon	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Dec 30, 2025	Tue	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Dec 31, 2025	Wed	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Jan 2, 2026	Fri	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Jan 3, 2026	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Jan 5, 2026	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 6, 2026	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 7, 2026	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 8, 2026	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 9, 2026	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 12, 2026	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 13, 2026	Tue	Regular Season 78-90 L	Corning-Painted Post	5:30 PM	8:00 PM	EDA Pool		L
Jan 14, 2026	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 15, 2026	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 16, 2026	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 19, 2026	Mon	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Jan 20, 2026	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 21, 2026	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 22, 2026	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 23, 2026	Fri	Regular Season 66-36 W	@ Binghamton	5:30 PM	8:00 PM	East Middle School Pool		L
Jan 24, 2026	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Jan 27, 2026	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
CANCELLED Jan 27, 2026	Tue	Regular Season	Susquehanna Valley	5:30 PM		EDA Pool		L
Jan 28, 2026	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 28, 2026	Wed	Regular Season 90-92 L	Johnson City	5:30 PM	8:00 PM	EDA Pool		L

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Jan 29, 2026	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Jan 30, 2026	Fri	Regular Season 74-90 L	Ithaca	5:30 PM	8:00 PM	EDA Pool		L
Jan 31, 2026	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Feb 2, 2026	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Feb 3, 2026	Tue	Regular Season	@ Owego Apalachin	5:00 PM		OFA Pool		NL
Feb 4, 2026	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Feb 5, 2026	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Feb 6, 2026	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Feb 7, 2026	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Feb 9, 2026	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Feb 10, 2026	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Feb 11, 2026	Wed	Regular Season (Prelims (Swimming))	TBD	TBD		TBD		L
Feb 12, 2026	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Feb 12, 2026	Thu	Regular Season (Prelims (Diving))	TBD	TBD		TBD		L
Feb 13, 2026	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Feb 14, 2026	Sat	Regular Season (Finals)	TBD	TBD		TBD		L

Date: 2026-02-08