



Elmira

(G) 7/8TH Swimming/Diving

Coaches:

- Jason Stukey, Head Coach
- Keith Ess, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2024	Thu	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 6, 2024	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 9, 2024	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 10, 2024	Tue	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 11, 2024	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 12, 2024	Thu	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 13, 2024	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 16, 2024	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 17, 2024	Tue	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 18, 2024	Wed	Regular Season	TBD @ Vestal	5:30 PM	7:30 PM	Vestal High School Pool		NL
Sep 19, 2024	Thu	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 20, 2024	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 23, 2024	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 24, 2024	Tue	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 25, 2024	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 26, 2024	Thu	Regular Season	Horseheads, Waverly	5:30 PM	7:30 PM	EDA Pool		NL
Sep 27, 2024	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD		
Sep 30, 2024	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Oct 2, 2024	Wed	Regular Season	Owego Apalachin, Vestal	5:30 PM	7:30 PM	EDA Pool		NL
Oct 10, 2024	Thu	Regular Season	TBD @ Corning-Painted Post	5:30 PM	7:30 PM	C P P High School		NL
Oct 17, 2024	Thu	Regular Season	Owego Apalachin @ Maine-Endwell	5:30 PM	7:30 PM	Maine-Endwell HS Pool		NL
Oct 24, 2024	Thu	Regular Season (M-E Invitational)	@ Maine-Endwell	5:30 PM		Maine-Endwell HS Pool		L

Date: 2026-02-02