



Elmira

(G) V Swimming/Diving

Coaches:

- Keith Ess, Head Coach
- Allison Newkirk
- Elizabeth Potter

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 18, 2025	Mon	Practice (Varsity Practice)	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 19, 2025	Tue	Practice (Varsity Practice)	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 20, 2025	Wed	Practice (Varsity Practice)	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 21, 2025	Thu	Practice (Varsity Practice)	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 22, 2025	Fri	Practice (Varsity Practice)	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 23, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Aug 25, 2025	Mon	Practice (Varsity Practice)	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 26, 2025	Tue	Practice (Varsity Practice)	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 27, 2025	Wed	Practice (Varsity Practice)	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 28, 2025	Thu	Regular Season 87-97 L	@ Vestal	5:30 PM	8:00 PM	Vestal High School Pool		L
Aug 29, 2025	Fri	Practice (Varsity Practice)	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 30, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 1, 2025	Mon	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Sep 2, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 3, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 4, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 5, 2025	Fri	Regular Season 61-40 W	@ Union-Endicott	5:30 PM	8:00 PM	UEHS Pool		L
Sep 6, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 8, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 9, 2025	Tue	Regular Season 99-69 W	Johnson City	5:30 PM	8:00 PM	EDA Pool		L
Sep 10, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 11, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 12, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
CANCELLED Sep 13, 2025	Sat	Regular Season (JC Relays) @ TBD		TBD		Johnson City High School		L
Sep 15, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 15, 2025	Mon	Regular Season 83-48 W	@ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool		NL

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Sep 17, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 18, 2025	Thu	Regular Season 97-69 W	Windsor	5:30 PM		EDA Pool		NL
Sep 19, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 20, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 22, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 24, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 24, 2025	Wed	Regular Season 100-78 W	Owego Apalachin	5:30 PM		EDA Pool		NL
Sep 25, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 26, 2025	Fri	Regular Season 63-102 L	@ Horseheads	5:30 PM	8:00 PM	HHS HS Pool		L
Sep 27, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 29, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 30, 2025	Tue	Regular Season 80-92 L	Corning-Painted Post	5:30 PM	8:00 PM	EDA Pool		L
Oct 1, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 3, 2025	Fri	Regular Season (Elmira Diving Invitational)	TBD	3:30 PM		EDA Pool		L
Oct 4, 2025	Sat	Regular Season (Elmira Swim/Diving Invitational - Swimming)	Corning-Painted Post	8:00 AM		EDA Pool		L
Oct 6, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 7, 2025	Tue	Regular Season 103-72 W	@ Binghamton	5:30 PM	8:00 PM	East Middle School Pool		L
Oct 8, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 10, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 11, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 13, 2025	Mon	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 14, 2025	Tue	Regular Season 83-93 L	Ithaca	5:30 PM	8:00 PM	EDA Pool		L
Oct 15, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 16, 2025	Thu	Regular Season	Maine-Endwell	5:30 PM	8:00 PM	EDA Pool		L
Oct 17, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 18, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 20, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 20, 2025	Mon	Regular Season	Notre Dame, Elmira	5:30 PM		EDA Pool		L
Oct 21, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		

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Oct 22, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 23, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 24, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 25, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 27, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 28, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 29, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 30, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 31, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 1, 2025	Sat	Practice	N/A	10:00 AM	12:00 PM	EDA Pool		
Nov 3, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 4, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 5, 2025	Wed	Regular Season (Sectional Prelims)	TBD	5:00 PM		EDA Pool		L
Nov 6, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 7, 2025	Fri	Regular Season (Diving Finals)	TBD	12:00 PM		EDA Pool		L
Nov 8, 2025	Sat	Regular Season (Sectional Finals)	@ TBD	TBD		Watkins Glen High School		L
Nov 21, 2025	Fri	Regular Season (State Meet)	@ TBD	TBD		Webster Schroeder		L
Nov 22, 2025	Sat	Regular Season (State Meet)	@ TBD	TBD		Webster Schroeder		L

Date: 2025-12-06