



# Elmira

## (G) V Swimming/Diving

### Coaches:

- Keith Ess, Head Coach
- Allison Newkirk
- Elizabeth Potter

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 27, 2024	Tue	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 28, 2024	Wed	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 29, 2024	Thu	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 30, 2024	Fri	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 31, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 2, 2024	Mon	Practice	N/A	6:00 PM	8:00 PM	EDA Pool		
Sep 3, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 4, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 5, 2024	Thu	Regular Season 93-64 W	@ Johnson City	6:00 PM	8:00 PM	JC HS Pool		L
Sep 6, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 7, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 9, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 10, 2024	Tue	Regular Season 99-78 W	Union-Endicott	5:30 PM	8:00 PM	EDA Pool		L
Sep 11, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 12, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 13, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 14, 2024	Sat	Regular Season (JC Relays)	@ TBD	TBD		JC HS Pool		NL
Sep 16, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 17, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 17, 2024	Tue	Regular Season 84-91 L	Vestal	5:30 PM	8:00 PM	EDA Pool		L
Sep 18, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 19, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 20, 2024	Fri	Regular Season 81-104 L	@ Maine-Endwell	5:30 PM	8:00 PM	Maine-Endwell HS Pool		L
Sep 21, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 23, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 24, 2024	Tue	Regular Season 82-61 W	@ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool		NL
Sep 25, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 26, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 27, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 28, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 30, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 1, 2024	Tue	Regular Season 68-109 L	Horseheads	5:30 PM	8:00 PM	EDA Pool		L
Oct 2, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 3, 2024	Thu	Regular Season 91-92 L	Owego Apalachin	5:30 PM		EDA Pool		NL
Oct 4, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 5, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 7, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 8, 2024	Tue	Regular Season (Senior Night) 80-91 L	@ Corning-Painted Post	5:30 PM	8:00 PM	C P P High School		L
Oct 9, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 10, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 11, 2024	Fri	Regular Season (Elmira Swim/Diving Invitational - Diving)	Horseheads	3:00 PM		EDA Pool		L
Oct 12, 2024	Sat	Regular Season (Elmira Swim/Diving Invitational - Swimming)	Horseheads	9:00 AM		EDA Pool		L
Oct 12, 2024	Sat	Regular Season (@ Elmira Invitational)	Notre Dame, Elmira	9:00 AM		EDA Pool		L
Oct 14, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 15, 2024	Tue	Regular Season 87-54 W	Binghamton	5:30 PM	8:00 PM	EDA Pool		L
Oct 16, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 17, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 18, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 19, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 21, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 22, 2024	Tue	Regular Season 79-95 L	@ Ithaca	5:30 PM	8:00 PM	IHS Pool (C150)		L
Oct 23, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 24, 2024	Thu	Regular Season (Senior Night) 89-75 W	Notre Dame, Elmira	5:30 PM		EDA Pool		NL
Oct 25, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 26, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 28, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 29, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 30, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 31, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Nov 1, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Nov 2, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Nov 4, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Nov 5, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Nov 6, 2024	Wed	Regular Season (Swimming Prelims)	Horseheads, Union-Endicott, Vestal, Ithaca, Corning-Painted Post, Binghamton	5:00 PM		EDA Pool		L
Nov 7, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Nov 8, 2024	Fri	Regular Season (Diving Prelims)	Chenango Valley, Corning-Painted Post, Horseheads, Ithaca, Johnson City, Maine-Endwell, Oneonta, Owego Apalachin, Union-Endicott, Vestal, Watkins Glen (Storm)	12:00 PM		EDA Pool		L
Nov 9, 2024	Sat	Regular Season (Swimming/Diving Finals)	@ TBD	TBD		Watkins Glen High School		L

Date: 2026-06-06