



Elmira

(G) V Swimming/Diving

Coaches:

- Keith Ess, Head Coach
- Allison Newkirk
- Elizabeth Potter

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	EDA Pool		
Aug 22, 2023	Tue	Practice	N/A	5:30 PM	7:30 PM	EDA Pool		
Aug 23, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	EDA Pool		
Aug 24, 2023	Thu	Practice	N/A	5:30 PM	7:30 PM	EDA Pool		
Aug 25, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	EDA Pool		
Aug 28, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	EDA Pool		
Aug 29, 2023	Tue	Practice	N/A	5:30 PM	7:30 PM	EDA Pool		
Aug 30, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	EDA Pool		
Aug 31, 2023	Thu	Practice	N/A	5:30 PM	7:30 PM	EDA Pool		
Sep 1, 2023	Fri	Regular Season 94-56 W	Owego Apalachin	5:30 PM		EDA Pool		NL
Sep 2, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 4, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	EDA Pool		
Sep 5, 2023	Tue	Regular Season 46-56 L	@ Union-Endicott	5:30 PM	8:00 PM	UEHS Pool		L
Sep 6, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 7, 2023	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 8, 2023	Fri	Regular Season 97-75 W	Johnson City	6:00 PM	8:00 PM	EDA Pool		L
Sep 9, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 11, 2023	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 12, 2023	Tue	Regular Season 75-93 L	@ Vestal	5:30 PM	8:00 PM	Vestal High School Pool		L
Sep 13, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 14, 2023	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 15, 2023	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 16, 2023	Sat	Regular Season (Johnson City Relays)	@ TBD	TBD		JC HS Pool		L
Sep 18, 2023	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 19, 2023	Tue	Regular Season 86-43 W	@ Susquehanna Valley	5:30 PM	7:30 PM	SVHS Pool		NL

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Sep 20, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 21, 2023	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 22, 2023	Fri	Regular Season 70-91 L	Maine-Endwell	5:30 PM	8:00 PM	EDA Pool		L
Sep 25, 2023	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 26, 2023	Tue	Regular Season 67-106 L	@ Horseheads	5:30 PM	8:00 PM	HHS HS Pool		L
Sep 27, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 28, 2023	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 29, 2023	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Sep 30, 2023	Sat	Regular Season (Maine-Endwell Invitational - Diving Warm Ups Start @ 8AM; Swimming Warm Ups Start @ 11:30AM)	@ Maine-Endwell	8:00 AM		Maine-Endwell HS Pool		L
Oct 2, 2023	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 3, 2023	Tue	Regular Season 78-99 L	Corning-Painted Post	5:30 PM	8:00 PM	EDA Pool		L
Oct 4, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 5, 2023	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 7, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 9, 2023	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 10, 2023	Tue	Regular Season 88-74 W	@ Binghamton	5:30 PM	8:00 PM	East Middle School Pool		L
Oct 11, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 12, 2023	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 13, 2023	Fri	Regular Season (Elmira Swim/Diving Invitational)	TBD	5:00 PM		EDA Pool		NL
Oct 14, 2023	Sat	Regular Season (Elmira Swim/Diving Invitational)	Notre Dame, Elmira	10:15 AM		EDA Pool		NL
Oct 16, 2023	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 17, 2023	Tue	Regular Season 77-97 L	Ithaca	5:30 PM	8:00 PM	EDA Pool		L
Oct 18, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 19, 2023	Thu	Regular Season (Senior Night) 51-80 L	Notre Dame, Elmira	5:00 PM		EDA Pool		NL
Oct 20, 2023	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		

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Oct 23, 2023	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 24, 2023	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 25, 2023	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 26, 2023	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 27, 2023	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 28, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 30, 2023	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Oct 31, 2023	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 1, 2023	Wed	Post-Season (Section IV Prelims)	Ithaca	5:00 PM		EDA Pool		NL
Nov 1, 2023	Wed	Regular Season (Prelims (Swimming))	TBD	TBD		TBD		L
Nov 2, 2023	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Pool		
Nov 3, 2023	Fri	Post-Season (Section IV Diving Finals)	Ithaca	3:00 PM		EDA Pool		NL
Nov 3, 2023	Fri	Regular Season (Prelims (Diving))	TBD	TBD		TBD		L
Nov 4, 2023	Sat	Post-Season (Section IV Finals - Class A)	Corning-Painted Post, Ithaca, Binghamton, Horseheads, Vestal, Union-Endicott @ Watkins Glen (Storm)	3:30 PM		W G Pool		NL
Nov 17, 2023	Fri	Post-Season (Championships - Webster Aquatic Center)	TBD	TBD		TBD		L

Date: 2025-12-05