



# Elmira

## (G) 7/8TH Outdoor Track (Elmira Express)

### Coaches:

- Allyson Moore, Head Coach
- Saige Thomas

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 4, 2026	Mon	Regular Season	Seton Catholic Central, Oneonta, Maine-Endwell @ Johnson City	5:00 PM	8:30 PM	JC Wildcat Stadium		L
May 11, 2026	Mon	Regular Season	Binghamton, Chenango Valley	5:00 PM		EHS Stadium		L
May 18, 2026	Mon	Regular Season	Johnson City, Union-Endicott, Binghamton @ Ithaca	5:00 PM	7:30 PM	IHS Moresco Stadium		L
May 29, 2026	Fri	Post-Season (Modified Boys and Girls STAC Divisional Track Meet)	TBD, Chenango Valley, Windsor, Norwich, Oneonta, Seton Catholic Central, Waverly, Owego	5:00 PM	9:00 PM	Sabers Stadium		L
			Apalachin, Binghamton, Johnson City, Union-Endicott, Vestal, Ithaca, Corning-Painted Post, Horseheads, Maine-Endwell @ Susquehanna Valley					

Date: 2026-01-11