



Elmira

(G) 7/8TH Outdoor Track (Elmira Express)

Coaches:

- Allyson Moore, Head Coach
- Saige Thomas

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|--|---------------|-------------|---------------------------|----------------|----------------------------|
| May 4, 2026 | Mon | Regular Season | Seton Catholic Central, Oneonta, Maine- Endwell @ Johnson City | 5:00 PM | 8:30 PM | JC Wildcat Stadium | | L |
| May 11, 2026 | Mon | Regular Season | Binghamton, Chenango Valley | 5:00 PM | | EHS Stadium | | L |
| May 18, 2026 | Mon | Regular Season | Johnson City, Union- Endicott, Binghamton @ Ithaca | 5:00 PM | 7:30 PM | IHS Moresco Stadium | | L |
| May 29, 2026 | Fri | Post-Season (Modified Boys and Girls STAC Divisional Track Meet) | TBD, Chenango Valley, Windsor, Norwich, Oneonta, Seton Catholic Central, Waverly, Owego Apalachin, Binghamton, Johnson City, Union- Endicott, Vestal, Ithaca, Corning-Painted Post, Horseheads, Maine- Endwell @ Susquehanna Valley | 5:00 PM | 9:00 PM | Sabers Stadium | | L |

Date: 2026-01-11