



Elmira

(G) 7/8TH Outdoor Track (Elmira Express)

Coaches:

- Allyson Moore, Head Coach
- Saige Thomas

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 12, 2024	Fri	Regular Season	@ Corning-Painted Post	5:30 PM		Corning Memorial Stadium		L
May 2, 2024	Thu	Regular Season	Owego Apalachin @ Ithaca	5:00 PM	7:30 PM	IHS Moresco Stadium		L
May 6, 2024	Mon	Regular Season	Windsor @ Vestal	5:00 PM		Vestal Dick Hoover Stadium		L
May 7, 2024	Tue	Regular Season	Horseheads	5:00 PM	7:00 PM	EHS Stadium		L
May 16, 2024	Thu	Regular Season	Horseheads, Corning-Painted Post	5:00 PM	7:00 PM	EHS Stadium		L
May 20, 2024	Mon	Regular Season	Seton Catholic Central @ Maine-Endwell	5:00 PM		Maine-Endwell HS Turf		L
May 23, 2024	Thu	Regular Season	Susquehanna Valley, Seton Catholic Central, Vestal @ Binghamton	5:30 PM		Alumni Stadium		L
May 24, 2024	Fri	Practice (Divisional Meet Practice)	N/A	10:00 AM	11:30 AM	EDA Track		
May 28, 2024	Tue	Regular Season	Vestal, Union-Endicott, Binghamton, Ithaca, Corning-Painted Post, Horseheads, Maine-Endwell, Waverly, Oneonta, Windsor, Norwich, Seton Catholic Central, TBD, Chenango Valley, Susquehanna Valley, Owego Apalachin @ Johnson City	5:00 PM	8:00 PM	JC Wildcat Stadium		L

Date: 2026-01-15