



# Elmira

## (B) 7/8TH Outdoor Track (Elmira Express)

### Coaches:

- Carrington Vaughn, Head Coach
- Saige Thomas, Asst Coach
- Mike Balash, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 11, 2026	Mon	Regular Season	Binghamton, Chenango Valley	5:00 PM	7:00 PM	EHS Stadium		L
May 29, 2026	Fri	Post-Season (Modified Boys and Girls STAC Divisional Track Meet)	Chenango Valley, Windsor, Norwich, Oneonta, Seton Catholic Central, Waverly, Owego Apalachin, Binghamton, Johnson City, Union-Endicott, Vestal, Ithaca, Corning-Painted Post, Horseheads, Maine-Endwell @ Susquehanna Valley	5:00 PM	9:00 PM	Sabers Stadium		L

Date: 2025-12-14