



Elmira

(B) 7/8TH Outdoor Track (Elmira Express)

Coaches:

- Carrington Vaughn, Head Coach
- Saige Thomas, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 29, 2019	Mon	Meet (Ithaca vs. Horseheads/Elmira/Corning)	Vs. Multiple	4:30 PM	7:00 PM	IHS Moresco Stadium		NL
May 2, 2019	Thu	Regular Season	Chenango Valley @ Union-Endicott	4:30 PM	6:30 PM	UEHS Mike Miller Track		L
CANCELLED May 6, 2019	Mon	Regular Season	Johnson City, Seton Catholic Central, Binghamton	4:30 PM		EDA Track		L
May 8, 2019	Wed	Regular Season	Oneonta @ Vestal	4:30 PM		Vestal Dick Hoover Stadium		L
May 15, 2019	Wed	Regular Season	Ithaca @ Corning-Painted Post	4:30 PM	6:30 PM	Corning Memorial Stadium		L
May 17, 2019	Fri	Regular Season	Corning-Painted Post, Owego Apalachin	4:30 PM		EDA Track		L
May 20, 2019	Mon	Post-Season	Union-Endicott, Ithaca, Johnson City, Corning-Painted Post, Horseheads, Maine-Endwell @ Binghamton	5:00 PM	7:00 PM	Alumni Stadium		L
May 28, 2019	Tue	Regular Season (Snapple Invitational @ Horseheads HS Track)	TBD	4:30 PM		TBD		L

Date: 2025-12-31