



# Elmira

## (G) 7/8TH Lacrosse (Elmira Express)

### Coaches:

- Cierra House, Head Coach
- Bonnie Castillo, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 31, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 1, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 2, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 3, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 4, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 7, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 8, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 9, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 10, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 11, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 21, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 22, 2025	Tue	Regular Season	Horseheads	5:00 PM		EDA Turf		L
Apr 23, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 24, 2025	Thu	Regular Season	@ Corning-Painted Post (Black)	4:30 PM		Canada Road - Small Fry Football Field		L
Apr 25, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 28, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 29, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 30, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 1, 2025	Thu	Regular Season	@ Ithaca	5:00 PM	6:30 PM	IHS Cayuga St		L
May 2, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
CANCELLED May 7, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 7, 2025	Wed	Regular Season	@ Horseheads	5:00 PM	6:30 PM	HHS Middle School Lacrosse Field #2		L
May 9, 2025	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 12, 2025	Mon	Regular Season	@ Chenango Valley	5:30 PM	7:30 PM	CV - Multi-Purpose Field		L
May 13, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 14, 2025	Wed	Regular Season	Ithaca	5:00 PM		EDA Turf		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
May 15, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 16, 2025	Fri	Regular Season	Corning-Painted Post (Black)	5:00 PM		EDA Turf		L
May 19, 2025	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 20, 2025	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 21, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 28, 2025	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 29, 2025	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 30, 2025	Fri	Regular Season	Chenango Forks	5:00 PM		EDA Turf		L

Date: 2026-02-04