



# Elmira

## (G) 7/8TH Lacrosse (Elmira Express)

### Coaches:

- Cierra House, Head Coach
- Bonnie Castillo, Asst Coach

| DATE                  | WEEK DAY | TYPE           | OPPONENTS                      | START TIME | END TIME | LOCATION                               | TRANSPORTATION / NON-LEAGUE |
|-----------------------|----------|----------------|--------------------------------|------------|----------|--|-----------------------------|
| Mar 31, 2025          | Mon      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 1, 2025           | Tue      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 2, 2025           | Wed      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 3, 2025           | Thu      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 4, 2025           | Fri      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 7, 2025           | Mon      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 8, 2025           | Tue      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 9, 2025           | Wed      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 10, 2025          | Thu      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 11, 2025          | Fri      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 21, 2025          | Mon      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 22, 2025          | Tue      | Regular Season | Horseheads                     | 5:00 PM    |          | EDA Turf                               | L                           |
| Apr 23, 2025          | Wed      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 24, 2025          | Thu      | Regular Season | @ Corning-Painted Post (Black) | 4:30 PM    |          | Canada Road - Small Fry Football Field | L                           |
| Apr 25, 2025          | Fri      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 28, 2025          | Mon      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 29, 2025          | Tue      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| Apr 30, 2025          | Wed      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| May 1, 2025           | Thu      | Regular Season | @ Ithaca                       | 5:00 PM    | 6:30 PM  | IHS Cayuga St                          | L                           |
| May 2, 2025           | Fri      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| CANCELLED May 7, 2025 | Wed      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| May 7, 2025           | Wed      | Regular Season | @ Horseheads                   | 5:00 PM    | 6:30 PM  | HHS Middle School Lacrosse Field #2    | L                           |
| May 9, 2025           | Fri      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| May 12, 2025          | Mon      | Regular Season | @ Chenango Valley              | 5:30 PM    | 7:30 PM  | CV - Multi-Purpose Field               | L                           |
| May 13, 2025          | Tue      | Practice       | N/A                            | 3:45 PM    | 5:30 PM  | EDA Turf                               |                             |
| May 14, 2025          | Wed      | Regular Season | Ithaca                         | 5:00 PM    |          | EDA Turf                               | L                           |

| DATE         | WEEK DAY | TYPE           | OPPONENTS                    | START TIME | END TIME | LOCATION | TRANSPORTATION / NON-LEAGUE |
|--------------|----------|----------------|------------------------------|------------|----------|----------|-----------------------------|
| May 15, 2025 | Thu      | Practice       | N/A                          | 3:45 PM    | 5:30 PM  | EDA Turf |                             |
| May 16, 2025 | Fri      | Regular Season | Corning-Painted Post (Black) | 5:00 PM    |          | EDA Turf | L                           |
| May 19, 2025 | Mon      | Practice       | N/A                          | 3:45 PM    | 5:30 PM  | EDA Turf |                             |
| May 20, 2025 | Tue      | Practice       | N/A                          | 3:45 PM    | 5:30 PM  | EDA Turf |                             |
| May 21, 2025 | Wed      | Practice       | N/A                          | 3:45 PM    | 5:30 PM  | EDA Turf |                             |
| May 28, 2025 | Wed      | Practice       | N/A                          | 3:45 PM    | 5:30 PM  | EDA Turf |                             |
| May 29, 2025 | Thu      | Practice       | N/A                          | 3:45 PM    | 5:30 PM  | EDA Turf |                             |
| May 30, 2025 | Fri      | Regular Season | Chenango Forks               | 5:00 PM    |          | EDA Turf | L                           |

Date: 2026-02-04