



Elmira

(G) 7/8TH Lacrosse (Elmira Express)

Coaches:

- Bonnie Castillo, Asst Coach
- James Perry
- Cierra House

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 25, 2024	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Mar 26, 2024	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Mar 27, 2024	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Mar 28, 2024	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 2, 2024	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 3, 2024	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 4, 2024	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 5, 2024	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 8, 2024	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 9, 2024	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 10, 2024	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 11, 2024	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 12, 2024	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 15, 2024	Mon	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 16, 2024	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 17, 2024	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 19, 2024	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
Apr 25, 2024	Thu	Regular Season	Ithaca	5:00 PM		EDA Turf		L
Apr 29, 2024	Mon	Regular Season	Vestal	5:00 PM		EDA Turf		L
Apr 30, 2024	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 1, 2024	Wed	Regular Season	Horseheads	5:00 PM		EDA Turf		L
May 3, 2024	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 7, 2024	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 8, 2024	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 10, 2024	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 13, 2024	Mon	Regular Season	Corning-Painted Post (Black)	5:00 PM		EDA Turf		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 14, 2024	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 15, 2024	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 17, 2024	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 20, 2024	Mon	Regular Season	Johnson City	5:45 PM		EDA Turf		L
May 21, 2024	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 23, 2024	Thu	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 23, 2024	Thu	Regular Season	Owego Apalachin	5:00 PM		EDA Turf		L
May 24, 2024	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 28, 2024	Tue	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 29, 2024	Wed	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		
May 31, 2024	Fri	Practice	N/A	3:45 PM	5:30 PM	EDA Turf		

Date: 2024-05-20