



Elmira

(G) V Lacrosse

Coaches:

- Tess Arnold, Head Coach
- Jana Reidy, Asst Coach
- Scott Arnold, Volunteer

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|------------------------------|---|------------|----------|----------------------|----------------|---------------------|
| Feb 13, 2023 | Mon | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Mar 13, 2023 | Mon | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Mar 14, 2023 | Tue | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Mar 15, 2023 | Wed | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Mar 16, 2023 | Thu | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Mar 17, 2023 | Fri | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Mar 18, 2023 | Sat | Practice | N/A | 9:00 AM | 11:00 AM | EHS Stadium | | |
| Mar 20, 2023 | Mon | Practice | N/A | 5:45 PM | 7:15 PM | EHS Stadium | | |
| Mar 21, 2023 | Tue | Practice | N/A | 5:45 PM | 7:15 PM | EHS Stadium | | |
| Mar 22, 2023 | Wed | Practice | N/A | 5:45 PM | 7:15 PM | EHS Stadium | | |
| Mar 23, 2023 | Thu | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Mar 24, 2023 | Fri | Practice | N/A | 5:45 PM | 7:15 PM | EHS Stadium | | |
| Mar 25, 2023 | Sat | Scrimmage (Varsity Play Day) | Union-Endicott, Maine-Endwell, Johnson City, Chenango Valley, Seton Catholic Central @ Binghamton | TBD | | Alumni Stadium | | NL |
| Mar 27, 2023 | Mon | Regular Season 0-20 L | Ithaca | 7:00 PM | 9:00 PM | EHS Stadium | | L |
| Mar 28, 2023 | Tue | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| Mar 29, 2023 | Wed | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Mar 30, 2023 | Thu | Regular Season 6-8 L | Johnson City | 7:00 PM | 9:00 PM | EHS Stadium | | NL |
| Mar 31, 2023 | Fri | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Apr 2, 2023 | Sun | Practice | N/A | 1:30 PM | 3:00 PM | EHS Stadium | | |
| Apr 3, 2023 | Mon | Regular Season 4-14 L | Union-Endicott | 7:00 PM | 9:00 PM | EHS Stadium | | NL |
| Apr 4, 2023 | Tue | Practice | N/A | 10:00 AM | 11:30 AM | EHS Stadium | | |
| Apr 5, 2023 | Wed | Practice | N/A | 10:00 AM | 11:30 AM | EHS Stadium | | |
| Apr 10, 2023 | Mon | Regular Season 6-17 L | @ Union-Endicott | 7:00 PM | 9:00 PM | UEHS Ty Cobb Stadium | | NL |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--------------------------------------|------------------------|------------|----------|----------------------------|----------------|---------------------|
| Apr 11, 2023 | Tue | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| Apr 12, 2023 | Wed | Regular Season 10-18 L | @ Johnson City | 7:00 PM | 8:40 PM | JC Wildcat Stadium | | L |
| Apr 13, 2023 | Thu | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| Apr 14, 2023 | Fri | Regular Season | Binghamton | 7:00 PM | 9:00 PM | EHS Stadium | | NL |
| Apr 16, 2023 | Sun | Practice | N/A | 1:30 PM | 3:00 PM | EHS Stadium | | |
| Apr 17, 2023 | Mon | Regular Season 3-22 L | Whitney Point | 7:00 PM | 9:00 PM | EHS Stadium | | NL |
| Apr 18, 2023 | Tue | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| Apr 19, 2023 | Wed | Regular Season 1-14 L | Vestal | 7:45 PM | 9:15 PM | EHS Stadium | | NL |
| Apr 20, 2023 | Thu | Regular Season 4-17 L | @ Horseheads | 7:30 PM | | HHS HS Stadium Field 1 | | L |
| Apr 21, 2023 | Fri | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| Apr 23, 2023 | Sun | Practice | N/A | 1:30 PM | 3:00 PM | EHS Stadium | | |
| Apr 24, 2023 | Mon | Regular Season 7-10 L | Seton Catholic Central | 7:00 PM | 9:00 PM | EHS Stadium | | NL |
| Apr 25, 2023 | Tue | Regular Season 0-17 L | @ Vestal | 5:00 PM | | Vestal Dick Hoover Stadium | | L |
| Apr 26, 2023 | Wed | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| Apr 27, 2023 | Thu | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| May 1, 2023 | Mon | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| May 2, 2023 | Tue | Regular Season (Senior Night) 0-18 L | @ Corning-Painted Post | 7:15 PM | | Corning Memorial Stadium | | L |
| May 3, 2023 | Wed | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| May 4, 2023 | Thu | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| May 5, 2023 | Fri | Regular Season 3-15 L | @ Maine-Endwell | 7:00 PM | | Maine-Endwell HS Turf | | L |
| May 8, 2023 | Mon | Practice | N/A | 3:45 PM | 5:15 PM | EHS Stadium | | |
| May 8, 2023 | Mon | Regular Season | @ Binghamton | 7:30 PM | | Alumni Stadium | | L |
| May 9, 2023 | Tue | Regular Season 0-16 L | Horseheads | 7:00 PM | 9:00 PM | EHS Stadium | | L |
| May 10, 2023 | Wed | Practice | N/A | 3:45 PM | 5:00 PM | EHS Stadium | | |
| May 11, 2023 | Thu | Practice | N/A | 5:45 PM | 7:15 PM | EHS Stadium | | |

Date: 2025-12-05