



Elmira

(B) V Cross Country

Coaches:

- Amy Balash, Head Coach
- Corrine Taylor

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2025	Thu	Practice	N/A	8:00 AM	10:00 AM	EDA Hallway		
Aug 22, 2025	Fri	Practice	N/A	8:00 AM	10:00 AM	EDA Hallway		
Aug 23, 2025	Sat	Practice	N/A	10:00 AM	12:00 PM	EDA Hallway		
Aug 25, 2025	Mon	Practice	N/A	8:00 AM	10:00 AM	EDA Hallway		
Aug 26, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Hallway		
Aug 27, 2025	Wed	Practice	N/A	8:00 AM	10:00 AM	EDA Hallway		
Aug 28, 2025	Thu	Practice	N/A	8:00 AM	10:00 AM	EDA Hallway		
Aug 29, 2025	Fri	Practice	N/A	8:00 AM	9:30 AM	EDA Hallway		
Aug 30, 2025	Sat	Regular Season (Corning XC Relays @ Watson Homestead, Painted Post)	@ TBD	TBD		Watson Homestead		L
Sep 2, 2025	Tue	Practice	N/A	3:45 PM	5:45 PM	EDA Hallway		
Sep 3, 2025	Wed	Practice	N/A	3:45 PM	5:45 PM	EDA Hallway		
Sep 6, 2025	Sat	Regular Season (Dave "Flash" Forbes Invite hosted by Oneonta at Fortin Park)	@ TBD	TBD		Oneonta Fortin Park		L
Sep 11, 2025	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Hallway		
Sep 12, 2025	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Hallway		
Sep 15, 2025	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Hallway		
Sep 16, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Hallway		
Sep 17, 2025	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Hallway		
Sep 18, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	EDA Hallway		
Sep 19, 2025	Fri	Regular Season (Owego Invitational)	@ TBD	5:00 PM		Owego Appalachin Middle School		L
Sep 22, 2025	Mon	Regular Season	Candor (Candor), Lansing @ Elmira Heights	5:00 PM		Newtown Battlefield		L
Sep 23, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Hallway		
Sep 24, 2025	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Hallway		
Sep 25, 2025	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Hallway		

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Sep 26, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	EDA Hallway		
Sep 27, 2025	Sat	Regular Season (McQuaid Invitational - Genessee Valley State Park)	@ TBD	TBD		Genessee Valley Park		L
Oct 10, 2025	Fri	Regular Season (Bob Greene Invitational @ Newark Valley)	@ TBD	TBD		Newark Valley High School		L
Oct 14, 2025	Tue	Regular Season (Horseheads Invitational)	@ TBD	TBD		Park Station		L
Oct 18, 2025	Sat	Regular Season (Marathon Invitational @ Appleby Elementary School)	@ TBD	TBD		Wm Appleby Elementary School		L
Oct 25, 2025	Sat	Regular Season (STAC Championship)	@ TBD	TBD		Ann G. McGuiness Elementary School		L
Nov 6, 2025	Thu	Regular Season (State Qualifiers)	@ TBD	TBD		Chenango Valley State Park		L
Nov 15, 2025	Sat	Post-Season (State Championships)	@ TBD	TBD		Queensbury High School		L
Nov 22, 2025	Sat	Post-Season (Federation Championship)	@ TBD	TBD		Bowdoin Park, Wappinger's falls		L

Date: 2026-01-05