



# Elmira

## (B) V Cross Country

### Coaches:

- Amy Balash, Head Coach
- Corrine Taylor

| DATE                   | WEEK DAY | TYPE  | OPPONENTS       | START TIME | END TIME | LOCATION                            | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|---|-----------------|------------|----------|-------------------------------------|----------------|---------------------|
| Sep 7, 2024            | Sat      | Regular Season (Corning XC Relays @ Watson Homestead, Painted Post)     | @ TBD           | 8:00 AM    |          | Watson Homestead                    |                | L                   |
| Sep 13, 2024           | Fri      | Regular Season (Owego Invitational)                                     | @ TBD           | 4:00 PM    |          | Owego Free Academy                  |                | L                   |
| Sep 21, 2024           | Sat      | Regular Season (Conwicke-Stock Invitational)                            | @ TBD           | 8:00 AM    |          | Ann G. McGuinness Elementary School |                | L                   |
| Sep 28, 2024           | Sat      | Regular Season (McQuaid Invitational - Genesee Valley State Park)       | @ TBD           | 8:00 AM    |          | Genesee Valley Park                 |                | L                   |
| Oct 11, 2024           | Fri      | Regular Season (Bob Greene Invitational @ Newark Valley)                | @ TBD           | 3:00 PM    |          | Newark Valley High School           |                | L                   |
| Oct 14, 2024           | Mon      | Practice  | N/A             | 3:45 PM    | 5:30 PM  | EDA Hallway                         |                |                     |
| Oct 15, 2024           | Tue      | Practice  | N/A             | 3:45 PM    | 5:30 PM  | EDA Hallway                         |                |                     |
| CANCELLED Oct 15, 2024 | Tue      | Regular Season (Horseheads Invitational)                                | @ TBD           | 4:00 PM    |          | Park Station                        |                | L                   |
| Oct 16, 2024           | Wed      | Practice  | N/A             | 3:45 PM    | 5:30 PM  | EDA Hallway                         |                |                     |
| Oct 17, 2024           | Thu      | Practice  | N/A             | 3:45 PM    | 5:30 PM  | EDA Hallway                         |                |                     |
| Oct 18, 2024           | Fri      | Practice  | N/A             | 3:45 PM    | 5:30 PM  | EDA Hallway                         |                |                     |
| Oct 19, 2024           | Sat      | Regular Season (Marathon Invitational @ Appleby Elementary School)      | @ TBD           | 8:00 AM    |          | Wm Appleby Elementary School        |                | L                   |
| Oct 21, 2024           | Mon      | Practice  | N/A             | 3:45 PM    | 5:30 PM  | EDA Hallway                         |                |                     |
| Oct 22, 2024           | Tue      | Regular Season (Whitney Point Golden Eagles Cross Country Invitational) | @ Whitney Point | 4:30 PM    |          | Caryl E. Adams Elementary School    |                | NL                  |
| Oct 23, 2024           | Wed      | Practice  | N/A             | 3:45 PM    | 5:30 PM  | EDA Hallway                         |                |                     |
| Oct 24, 2024           | Thu      | Practice  | N/A             | 3:45 PM    | 5:30 PM  | EDA Hallway                         |                |                     |
| Oct 25, 2024           | Fri      | Practice  | N/A             | 3:45 PM    | 5:30 PM  | EDA Hallway                         |                |                     |

| DATE         | WEEK DAY | TYPE  | OPPONENTS  | START TIME | END TIME | LOCATION                        | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|---------------------------------|----------------|---------------------|
| Oct 26, 2024 | Sat      | Post-Season (STAC Championship @ Fortin Park) | Horseheads, Corning High, Ithaca, Binghamton, Johnson City, Maine-Endwell, Union-Endicott, Vestal, Chenango Valley, Owego Apalachin, Seton Catholic Central, Waverly, Norwich, Susquehanna Valley, Windsor @ Oneonta | 12:00 PM   | 12:30 PM | TBD                             |                | NL                  |
| Oct 26, 2024 | Sat      | Regular Season (STAC Championship)            | @ TBD  | TBD        |          | Oneonta Fortin Park             |                | L                   |
| Oct 28, 2024 | Mon      | Practice                                      | N/A  | 3:45 PM    | 5:30 PM  | EDA Hallway                     |                |                     |
| Oct 29, 2024 | Tue      | Regular Season (Last Chance Meet)             | @ TBD  | 5:00 PM    |          | Owego Free Academy              |                | L                   |
| Oct 31, 2024 | Thu      | Practice                                      | N/A  | 3:45 PM    | 5:30 PM  | EDA Hallway                     |                |                     |
| Nov 1, 2024  | Fri      | Practice                                      | N/A  | 3:45 PM    | 5:30 PM  | EDA Hallway                     |                |                     |
| Nov 2, 2024  | Sat      | Practice                                      | N/A  | 8:00 AM    | 9:30 AM  | EDA Hallway                     |                |                     |
| Nov 4, 2024  | Mon      | Practice                                      | N/A  | 3:45 PM    | 5:30 PM  | EDA Hallway                     |                |                     |
| Nov 5, 2024  | Tue      | Practice                                      | N/A  | 3:45 PM    | 5:30 PM  | EDA Hallway                     |                |                     |
| Nov 6, 2024  | Wed      | Practice                                      | N/A  | 3:45 PM    | 5:30 PM  | EDA Hallway                     |                |                     |
| Nov 7, 2024  | Thu      | Regular Season (Section IV Championships)     | @ TBD  | 4:00 PM    |          | Chenango Valley State Park      |                | L                   |
| Nov 16, 2024 | Sat      | Post-Season (State Championships )            | @ TBD  | TBD        |          | Queensbury High School          |                | L                   |
| Nov 23, 2024 | Sat      | Regular Season (Dave "FLASH)                  | @ TBD  | TBD        |          | TBD                             |                | L                   |
| Nov 23, 2024 | Sat      | Post-Season (NYS Federation Championships)    | @ TBD  | TBD        |          | Bowdoin Park, Wappinger's falls |                | L                   |

Date: 2026-01-02