



Elmira

(B) V Cross Country

Coaches:

- Amy Balash, Head Coach
- Corrine Taylor

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	9:00 AM		EDA Hallway		
Aug 22, 2023	Tue	Practice	N/A	9:00 AM		EDA Hallway		
Aug 23, 2023	Wed	Practice	N/A	9:00 AM		EDA Hallway		
Aug 24, 2023	Thu	Practice	N/A	9:00 AM		EDA Hallway		
Aug 25, 2023	Fri	Practice	N/A	9:00 AM		EDA Hallway		
Aug 28, 2023	Mon	Practice	N/A	9:00 AM		EDA Hallway		
Aug 29, 2023	Tue	Practice	N/A	9:00 AM		EDA Hallway		
Aug 30, 2023	Wed	Practice	N/A	9:00 AM		EDA Hallway		
Aug 31, 2023	Thu	Practice	N/A	9:00 AM		EDA Hallway		
Sep 1, 2023	Fri	Practice	N/A	9:00 AM		EDA Hallway		
Sep 2, 2023	Sat	Practice	N/A	9:00 AM		EDA Hallway		
Sep 4, 2023	Mon	Practice	N/A	9:00 AM		EDA Hallway		
Sep 5, 2023	Tue	Practice	N/A	3:45 PM		EDA Hallway		
Sep 6, 2023	Wed	Practice	N/A	4:00 PM		EHS Pool		
Sep 7, 2023	Thu	Practice	N/A	TBD		EDA Hallway		
Sep 8, 2023	Fri	Practice	N/A	3:45 PM		EDA Hallway		
Sep 11, 2023	Mon	Practice	N/A	TBD		EDA Hallway		
Sep 12, 2023	Tue	Practice	N/A	TBD		EDA Hallway		
Sep 13, 2023	Wed	Practice	N/A	TBD		EDA Hallway		
Sep 14, 2023	Thu	Practice	N/A	TBD		EDA Hallway		
Sep 15, 2023	Fri	Practice	N/A	TBD		EDA Hallway		
Sep 18, 2023	Mon	Practice	N/A	TBD		EDA Hallway		
Sep 19, 2023	Tue	Practice	N/A	TBD		EDA Hallway		
Sep 20, 2023	Wed	Practice	N/A	TBD		EDA Hallway		
Sep 21, 2023	Thu	Practice	N/A	TBD		EDA Hallway		
Sep 22, 2023	Fri	Practice	N/A	TBD		EDA Hallway		
Sep 25, 2023	Mon	Practice	N/A	TBD		EDA Hallway		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 27, 2023	Wed	Practice	N/A	TBD		EDA Hallway		
Sep 28, 2023	Thu	Practice	N/A	TBD		EDA Hallway		
Sep 29, 2023	Fri	Practice	N/A	TBD		EDA Hallway		

Date: 2024-05-03