



# Elmira

## (G) 7/8TH Cross Country

### Coaches:

- Allyson Moore

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 3, 2024	Tue	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 4, 2024	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 5, 2024	Thu	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 6, 2024	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 7, 2024	Sat	Regular Season (Corning XC Relays @ Watson Homestead, Painted Post)	@ TBD	8:00 AM		Watson Homestead		L
Sep 9, 2024	Mon	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 10, 2024	Tue	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 11, 2024	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 12, 2024	Thu	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 13, 2024	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 13, 2024	Fri	Regular Season (Owego Invitational)	@ TBD	4:00 PM		Owego Free Academy		L
Sep 14, 2024	Sat	Regular Season (Queensbury Invite (Select) @ Queensbury HS)	@ TBD	8:00 AM		Queensbury High School		L
Sep 16, 2024	Mon	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 17, 2024	Tue	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 18, 2024	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 19, 2024	Thu	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 20, 2024	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 21, 2024	Sat	Regular Season (Conwicke-Stock Invitational)	@ TBD	8:00 AM		Ann G. McGuinness Elementary School		L
Sep 23, 2024	Mon	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 24, 2024	Tue	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 25, 2024	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 26, 2024	Thu	Practice	N/A	3:45 PM	5:15 PM	TBD		
Sep 27, 2024	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational - Genessee Valley State Park)	@ TBD	8:00 AM		Genessee Valley Park		L
Sep 30, 2024	Mon	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 1, 2024	Tue	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 2, 2024	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 3, 2024	Thu	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 4, 2024	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 7, 2024	Mon	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 8, 2024	Tue	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 9, 2024	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 10, 2024	Thu	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 11, 2024	Fri	Regular Season (Bob Greene Invitational @ Newark Valley)	@ TBD	3:00 PM		Newark Valley High School		L
Oct 11, 2024	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 14, 2024	Mon	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 15, 2024	Tue	Practice	N/A	3:45 PM	5:15 PM	TBD		
CANCELLED Oct 15, 2024	Tue	Regular Season (Horseheads Invitational)	@ TBD	4:00 PM		Park Station		L
Oct 16, 2024	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 17, 2024	Thu	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 18, 2024	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 19, 2024	Sat	Regular Season (Marathon Invitational @ Appleby Elementary School)	@ TBD	8:00 AM		Wm Appleby Elementary School		L
Oct 21, 2024	Mon	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 22, 2024	Tue	Regular Season (Whitney Point Golden Eagles Cross Country Invitational)	@ Whitney Point	4:30 PM		Caryl E. Adams Elementary School		NL
Oct 23, 2024	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 24, 2024	Thu	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 25, 2024	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 26, 2024	Sat	Regular Season (STAC Championship)	@ TBD	8:00 AM		Oneonta Fortin Park		L
Oct 26, 2024	Sat	Post-Season (STAC Championship @ Fortin Park)	Horseheads, Corning High, Ithaca, Binghamton, Johnson City, Maine-Endwell, Union-Endicott, Vestal, Chenango Valley, Owego Apalachin, Seton Catholic Central, Norwich, Susquehanna Valley, Windsor, TBD @ Oneonta	12:00 PM		TBD		NL
Oct 28, 2024	Mon	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 29, 2024	Tue	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 29, 2024	Tue	Regular Season (Last Chance Meet)	@ TBD	5:00 PM		Owego Free Academy		L
Oct 30, 2024	Wed	Practice	N/A	3:45 PM	5:15 PM	TBD		
Oct 31, 2024	Thu	Practice	N/A	3:45 PM	5:15 PM	TBD		
Nov 1, 2024	Fri	Practice	N/A	3:45 PM	5:15 PM	TBD		
Nov 2, 2024	Sat	Regular Season (Battle Of Hynes Hill (Modified Only))	@ TBD	8:00 AM		Ann G. McGuinness Elementary School		L

Date: 2026-02-22