



Elmira

(G) V Winter Track

Coaches:

- David Perkins, Head Coach
- Amy Balash, Head Coach
- Corrine Taylor, Asst Coach
- Jalasia Demember
- Benjamin Cardamone

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Jan 19, 2021	Tue	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Jan 21, 2021	Thu	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Jan 22, 2021	Fri	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Jan 25, 2021	Mon	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Jan 26, 2021	Tue	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Jan 28, 2021	Thu	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Jan 29, 2021	Fri	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Feb 1, 2021	Mon	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Feb 2, 2021	Tue	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Feb 4, 2021	Thu	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Feb 5, 2021	Fri	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Feb 8, 2021	Mon	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Feb 9, 2021	Tue	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Feb 11, 2021	Thu	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Feb 12, 2021	Fri	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY	
Feb 16, 2021	Tue	Practice	N/A	10:00 AM	11:30 AM	EDA STUDENT LOBBY	
Feb 16, 2021	Tue	Practice	N/A	11:00 AM	12:30 PM	EHS MAIN LOBBY	
Feb 16, 2021	Tue	Practice (THROWERS)	N/A	1:00 PM	2:15 PM	Parley Coburn- New Gym	
Feb 17, 2021	Wed	Practice	N/A	10:00 AM	11:30 AM	EDA STUDENT LOBBY	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 17, 2021	Wed	Practice	N/A	11:00 AM	12:30 PM	EHS MAIN LOBBY		
Feb 17, 2021	Wed	Practice (THROWERS)	N/A	1:00 PM	2:15 PM	Parley Coburn- New Gym		
Feb 18, 2021	Thu	Practice	N/A	10:00 AM	11:30 AM	EDA STUDENT LOBBY		
Feb 18, 2021	Thu	Practice (THROWERS)	N/A	1:00 PM	2:15 PM	Parley Coburn- New Gym		
Feb 19, 2021	Fri	Practice	N/A	11:00 AM	12:30 PM	EHS MAIN LOBBY		
Feb 22, 2021	Mon	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY		
Feb 23, 2021	Tue	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY		
Feb 25, 2021	Thu	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY		
Feb 26, 2021	Fri	Practice (Off-Season Workouts)	N/A	3:45 PM	5:15 PM	EDA STUDENT LOBBY, EHS MAIN LOBBY		

Date: 2026-01-30