



Elmira

(B) V Winter Track

Coaches:

- David Perkins, Head Coach
- Amy Balash, Head Coach
- Corrine Taylor, Asst Coach
- Jalasia Demember
- Benjamin Cardamone

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 12, 2025	Wed	Practice (field event practice)	N/A	11:00 AM	1:00 PM	EDA Aux. Gym			
Nov 17, 2025	Mon	Practice	N/A	4:00 PM	6:00 PM	EHS Gym Lobby			
Nov 17, 2025	Mon	Practice (INDOOR TRACK)	N/A	4:00 PM	6:00 PM	EHS Gym Lobby			
Nov 18, 2025	Tue	Practice (INDOOR TRACK)	N/A	4:00 PM	6:00 PM	EHS Gym Lobby			
Nov 18, 2025	Tue	Practice	N/A	4:00 PM	6:00 PM	EHS Gym Lobby	Bus/Driver: 450 â€œ BWA to EHS to EDA 428 â€œ BWA to EDA â€œ EHS 447 â€œ BWA to EHS		
Nov 19, 2025	Wed	Practice (INDOOR TRACK)	N/A	4:00 PM	6:00 PM	EHS Gym Lobby	Bus/Driver: 450 â€œ BWA to EHS to EDA 428 â€œ BWA to EDA â€œ EHS 447 â€œ BWA to EHS		
Nov 19, 2025	Wed	Practice	N/A	4:00 PM	6:00 PM	EHS Gym Lobby	Bus/Driver: 450 â€œ BWA to EHS to EDA 428 â€œ BWA to EDA â€œ EHS 447 â€œ BWA to EHS		
Nov 20, 2025	Thu	Practice	N/A	4:00 PM	5:30 PM	TBD			
Nov 20, 2025	Thu	Practice (INDOOR TRACK)	N/A	4:00 PM	6:00 PM	Broadway Academy Field			
Nov 21, 2025	Fri	Practice (INDOOR TRACK)	N/A	4:00 PM	6:00 PM	Broadway Academy Field			
Nov 21, 2025	Fri	Practice	N/A	4:00 PM	5:30 PM	TBD			
Dec 7, 2025	Sun	Regular Season (Ithaca College - Bomber Invitational)	@ TBD	9:30 AM		Ithaca College			L
Dec 11, 2025	Thu	Practice (Jumpers and Throwers Only - Boys/Girls Indoor Track)	N/A	6:00 PM	7:30 PM	EDA Gym			
Dec 13, 2025	Sat	Regular Season (607 Invitational)	@ TBD	2:00 PM		SUNY Cortland			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2025	Sat	Regular Season (Section IV Classic)	@ TBD	9:00 AM		SUNY Cortland			L
Dec 24, 2025	Wed	Practice	N/A	9:00 AM	11:00 AM	EDA Gym			
Dec 30, 2025	Tue	Regular Season	@ TBD	8:30 AM		SUNY Cortland			L
Jan 3, 2026	Sat	Regular Season (Quinney Invitational)	@ TBD	4:00 PM		Cornell University			L
Jan 10, 2026	Sat	Regular Season (Winter Classic)	@ TBD	2:00 PM		SUNY Cortland			L
Jan 16, 2026	Fri	Regular Season (Hurley Invitational)	@ TBD	4:00 PM		Ithaca College			L
Feb 1, 2026	Sun	Regular Season (Finger Lakes Invitational)	@ TBD	1:00 PM		Cornell University			L
Feb 7, 2026	Sat	Regular Season (Section IV Class Meets)	@ TBD	1:00 PM		Cornell University			L
Feb 20, 2026	Fri	Regular Season (State Qualifiers)	@ TBD	4:00 PM		Ithaca College			L
Mar 7, 2026	Sat	Regular Season (State Meet)	@ TBD	TBD		Ocean Breeze Athletic Complex			L

Date: 2026-02-13