

Coaches:

• Frank Raponi, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 12, 2023	Tue	Regular Season	Southern Cayuga @ Moravia	5:00 PM	Cross Country at Fillmore Glen State Park			L
Sep 19, 2023	Tue	Regular Season	Marathon, Moravia, Notre Dame, Elmira @ Whitney Point	5:00 PM	WP Cross Country Course	Bus/Driver: Dryden	Departure Time: 3:15 PM	L
Sep 26, 2023	Tue	Regular Season	Groton, Tioga @ Newark Valley	5:00 PM	Newark Valley High School	Bus/Driver: Dryden	Departure Time: 2:45 PM	L
Sep 30, 2023	Sat	Regular Season (McQuaid Invite (Genesee Valley Park, Rochester)	@ TBD	TBD	Genesee State Park, Rochester NY	Bus/Driver: Dryden	Departure Time: 7:00 AM	NL
Oct 3, 2023	Tue	Regular Season	Lansing, Marathon, Southern Cayuga, Trumansburg, Whitney Point @ Groton	5:00 PM	Stonehedges Golf Course - Cross Country & Golf			L
Oct 6, 2023	Fri	Regular Season (Bob Greene Invitational)	@ Newark Valley	4:00 PM	Newark Valley High School	Bus/Driver: Dryden	Departure Time: 2:30 PM	NL
Oct 17, 2023	Tue	Regular Season (Whitney Point Invitational)	@ TBD	5:20 PM	Caryl E. Adams Elementary School	Bus/Driver: Dryden	Departure Time: 3:00 PM	L
Oct 25, 2023	Wed	Regular Season (IAC Varsity Championships)	@ Marathon	4:00 PM	Appleby E S	Bus/Driver: Dryden Class Dismissal: 1:50 PM	Departure Time: 2:00 PM	L
Nov 2, 2023	Thu	Regular Season (Section IV Championships @ Chenango Valley State Park)	@ TBD	TBD	Chenango Valley State Park Golf Course	Bus/Driver: Dryden	Departure Time: 7:45 AM	L

Date: 2025-12-06