



Corning-Painted Post

(B) V Winter Track

Coaches:

- Ray Lawson, Head Coach
- Tom Ketchum, Asst Coach
- Adam Sarafian
- Peter McCarty
- Ryan Youngstrom

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2023	Sun	Regular Season	@ TBD	TBD		Ithaca College	Bus/Driver: 2 Busses needed	Departure Point: Stadium Departure Time: 7:00 AM	NL
Dec 9, 2023	Sat	Regular Season	@ TBD	TBD		Nazareth University	Bus/Driver: 3 Busses needed	Departure Point: Stadium Departure Time: 3:30 PM	NL
Dec 16, 2023	Sat	Regular Season	@ TBD	TBD		Nazareth University	Bus/Driver: 3 Busses needed	Departure Point: Stadium Departure Time: 5:45 AM	NL
Dec 22, 2023	Fri	Regular Season	@ TBD	TBD		Nazareth University	Bus/Driver: 3 Busses needed	Departure Point: Stadium Departure Time: 2:45 PM	NL
CANCELLED Dec 27, 2023	Wed	Regular Season	@ TBD	TBD		Ocean Breeze Complex - Staten Island, NY	Bus/Driver: 2 Vans leave Tuesday	Departure Date: Dec 26, 2023	NL
Dec 30, 2023	Sat	Regular Season	@ TBD	TBD		RIT - Gordon Field House	Bus/Driver: 3 Busses needed	Departure Point: Stadium Departure Time: 6:15 AM	NL
Jan 5, 2024	Fri	Regular Season	@ TBD	TBD		Ithaca College	Bus/Driver: 2 bus needed Class Dismissal: 1:50 PM	Departure Point: Stadium Departure Time: 2:00 PM	NL
Jan 12, 2024	Fri	Regular Season	@ TBD	TBD		Houghton College	Bus/Driver: 2 Busses needed	Departure Point: Stadium Departure Time: 3:30 PM	NL
Jan 13, 2024	Sat	Regular Season (Jack Reed Showcase Meet)	@ TBD	TBD		Nazareth University	Bus/Driver: 2 buses needed	Departure Point: Stadium Departure Time: 6:00 AM	NL
Jan 18, 2024	Thu	Regular Season	@ TBD	TBD		RIT - Gordon Field House	Bus/Driver: 2 Busses needed Class Dismissal: 2:05 PM	Departure Point: Cafe/Lobby entrance Departure Time: 2:15 PM	NL
Jan 26, 2024	Fri	Regular Season	@ TBD	TBD		Houghton College	Bus/Driver: 3 Busses needed	Departure Point: Stadium Departure Time: 3:30 PM	NL
Feb 3, 2024	Sat	Regular Season (Class A Championship)	@ TBD	TBD		SUNY Cortland	Bus/Driver: 2 Busses needed	Departure Point: Stadium Departure Time: 3:15 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 4, 2024	Sun	Regular Season (Weight Throw scheduled separately for Sectionals)	@ TBD	TBD		TBD	Bus/Driver: Van needed 2 coaches/6 athletes	Departure Time: 3:15 PM	L
Feb 10, 2024	Sat	Regular Season	@ TBD	TBD		Nazareth University	Bus/Driver: 2 Bus needed	Departure Point: Stadium Departure Time: 1:00 PM	NL
Feb 25, 2024	Sun	Post-Season (State Qualifier Meet - Qualifiers ONLY)	@ TBD	TBD		Cornell University	Bus/Driver: 2 buses needed	Departure Point: Stadium Departure Time: 11:30 AM	NL
Mar 2, 2024	Sat	Post-Season (NYS Championship)	@ TBD	TBD		Ocean Breeze Complex - Staten Island, NY	Bus/Driver: 1 Bus needed leave Friday - Luxury bus/Gordon Smith	Departure Point: Stadium Departure Date: Mar 1, 2024 Departure Time: 9:30 AM	NL
Mar 7, 2024	Thu	Post-Season (New Balance Nationals)	@ TBD	TBD		TBD	Bus/Driver: 1 Large Van requested to go to Boston - 1 coach 8 Athletes 8am, 1 Large van 4pm departure 2 coaches 7 students	Departure Time: 8:00 AM	NL
Mar 8, 2024	Fri	Post-Season (New Balance Nationals)	@ TBD	TBD		TBD	Bus/Driver: No van needed leaving 3/7 after school		NL
Mar 9, 2024	Sat	Post-Season (New Balance Nationals)	@ TBD	TBD		TBD	Bus/Driver: 2 Vans Needed		NL
Mar 10, 2024	Sun	Post-Season (New Balance Nationals)	@ TBD	TBD		TBD	Bus/Driver: 2 Vans Needed		NL

Date: 2024-04-19