



Corning-Painted Post (B) V Swimming/Diving

Coaches:

- Alyssa Helsing, Head Coach
- Anthony Furstoss, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 6, 2022	Tue	Regular Season	Binghamton	5:30 PM	7:00 PM	C P P High School			L
Dec 9, 2022	Fri	Regular Season	@ Maine-Endwell	5:30 PM	7:00 PM	Maine-Endwell HS Pool	Class Dismissal: 2:40 PM	Departure Time: 2:50 PM	L
Dec 13, 2022	Tue	Regular Season	@ Johnson City	5:30 PM	7:00 PM	JC HS Pool	Class Dismissal: 2:40 PM	Departure Time: 2:50 PM	L
Dec 16, 2022	Fri	Regular Season (Elmira Swim & Dive Invite)	@ TBD	5:00 PM		EHS Pool	Bus/Driver: Van Class Dismissal: 2:30 PM	Departure Point: High School Pool Departure Time: 2:40 PM	NL
Dec 17, 2022	Sat	Regular Season (Elmira Swim & Dive Invite)	@ TBD	10:15 PM		EHS Pool		Departure Point: High School Pool Departure Time: 8:00 AM	NL
Dec 20, 2022	Tue	Regular Season	Union-Endicott	5:30 PM	7:00 PM	C P P High School			L
Jan 3, 2023	Tue	Regular Season	@ Vestal	5:30 PM	7:00 PM	Vestal High School	Class Dismissal: 2:45 PM	Departure Point: High School Pool Departure Time: 2:55 PM	L
Jan 6, 2023	Fri	Regular Season (Invitational in the Glen-Swim Prelims Only)	@ TBD	4:30 PM		W G Pool	Class Dismissal: 2:15 PM	Departure Time: 2:25 PM	NL
Jan 7, 2023	Sat	Regular Season (Invitational in the Glen-Diving)	@ TBD	9:00 AM		W G Pool	Bus/Driver: Van/Small Bus	Departure Time: 6:40 AM	NL
Jan 7, 2023	Sat	Regular Season (Invitational in the Glen-Swim Finals)	@ TBD	2:00 PM		W G Pool	Bus/Driver: 1 Bus needed	Departure Point: High School Pool Departure Time: 11:45 AM	L
Jan 10, 2023	Tue	Regular Season	Elmira	5:30 PM	7:00 PM	C P P High School			L
Jan 17, 2023	Tue	Regular Season	Horseheads	5:30 PM	7:00 PM	C P P High School			L
Jan 24, 2023	Tue	Regular Season	@ Ithaca	5:30 PM	7:00 PM	IHS Pool (C150)	Class Dismissal: 2:45 PM	Departure Point: High School Pool Departure Time: 2:55 PM	L
Jan 28, 2023	Sat	Regular Season (Maine-Endwell Invitational-Diving)	@ TBD	9:00 AM		Maine-Endwell HS Pool	Bus/Driver: Van/Small Bus	Departure Point: High School Pool Departure Time: 6:30 AM	NL
Jan 28, 2023	Sat	Regular Season (Maine-Endwell Invitational-Swimming)	@ TBD	1:00 PM		Maine-Endwell HS Pool	Bus/Driver: 1 Bus needed	Departure Point: High School Pool Departure Time: 10:10 AM	NL
Feb 15, 2023	Wed	Regular Season (Sectionals-Prelims swimming)	@ TBD	TBD		TBD			L

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Feb 17, 2023	Fri	Regular Season (Sectionals for Diving)	@ TBD	TBD		TBD			L
Feb 18, 2023	Sat	Regular Season (Finals - Swimming)	@ TBD	TBD		TBD			L

Date: 2022-12-01