Corning-Painted Post
(G) V Swimming/Diving

Coaches:

- Alyssa Helsing, Head Coach
- Anthony Furstoss, Asst Coach
- Anthony Bartone, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2022	Fri	Regular Season 100-83 W	@ Maine-Endwell	5:30 PM	7:00 PM	Maine-Endwell HS Pool		**Departure Point:** High School Pool **Departure Time:** 2:50 PM	L
Sep 6, 2022	Tue	Regular Season 83-59 W	Binghamton	5:30 PM	7:00 PM	C P P High School			L
Sep 10, 2022	Sat	Regular Season (2022 Wolverine Swim & Dive Invite) 436-366-324-199-181-150-78-197 W	Chenango Valley (Chenango Valley), Maine-Endwell, Norwich, Elmira, Notre Dame, Elmira, Susquehanna Valley @ Waverly	5:00 PM		Waverly High School Pool	**Bus/Driver:** 1 Bus needed for Swimmers	**Departure Point:** High School Pool **Departure Time:** 10:30 AM	NL
Sep 13, 2022	Tue	Regular Season 94-79 W	@ Johnson City	5:30 PM	7:00 PM	JC HS Pool	**Class Dismissal:** 2:40 PM	**Departure Point:** High School Pool **Departure Time:** 2:50 PM	L
Sep 20, 2022	Tue	Regular Season 95-82 W	Union-Endicott	5:30 PM	7:00 PM	C P P High School			L
Sep 23, 2022	Fri	Regular Season (Invitational In The Glen)	Notre Dame, Elmira, Southern Cayuga, Shenendehowa High School, Ithaca, Hilton, Skaneateles, Lansing, Wallkill, New Paltz, Horseheads @ Watkins Glen (Storm)	4:30 PM	8:00 PM	W G Pool	**Class Dismissal:** 2:15 PM	**Departure Point:** High School Pool **Departure Time:** 2:25 PM	NL
Sep 24, 2022	Sat	Regular Season (Invitational In The Glen Day 2 - Diving 9:30 PM & Swimming 2 PM)	Notre Dame, Elmira, Southern Cayuga, Shenendehowa High School, Ithaca, Hilton, Skaneateles, Lansing, New Paltz, Wallkill, Horseheads @ Watkins Glen (Storm)	9:30 AM		W G Pool	**Bus/Driver:** 1 Bus needed for Swimmers	**Departure Point:** High School **Departure Time:** 11:45 AM	NL
Sep 28, 2022	Wed	Regular Season 96-86 W	@ Vestal	5:30 PM	7:00 PM	Vestal High School Baseball Field	**Class Dismissal:** 2:45 PM	**Departure Point:** High School Pool **Departure Time:** 2:55 PM	L

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Oct 4, 2022	Tue	Regular Season (Senior Night) 95-74 W	Elmira	5:30 PM	7:00 PM	C P P High School			L
Oct 11, 2022	Tue	Regular Season 90-96 L	Horseheads	5:30 PM	7:00 PM	C P P High School			L
Oct 14, 2022	Fri	Regular Season (Elmira Invitational Diving)	@ TBD	5:00 PM		EDA Pool	**Bus/Driver:** 1 Van/Small Bus needed **Class Dismissal:** 2:30 PM	**Departure Point:** High School Pool **Departure Time:** 2:40 PM	L
Oct 15, 2022	Sat	Regular Season (Elmira Invitational Swimming)	@ TBD	9:00 AM		EDA Pool	**Bus/Driver:** 1 Bus needed	**Departure Point:** High School Pool **Departure Time:** 7:50 AM	L
Oct 22, 2022	Sat	Regular Season (2022 Jack Mathers Memorial Diving Invitational)	@ TBD	9:00 AM		HHS HS Pool	**Bus/Driver:** Van/Small Bus	**Departure Point:** High School Pool **Departure Time:** 7:10 AM	L
Oct 25, 2022	Tue	Regular Season (SENIOR NIGHT)	@ Ithaca	5:30 PM	7:00 PM	IHS Pool (C150)	**Class Dismissal:** 2:45 PM	**Departure Point:** High School Pool **Departure Time:** 2:55 PM	L
Nov 2, 2022	Wed	Post-Season (Sectional Swimming Prelims)	Horseheads, Ithaca, Union-Endicott, Binghamton @ Elmira	4:30 PM		EDA Pool			L
Nov 2, 2022	Wed	Regular Season (Sectional Prelims)	@ TBD	4:30 PM		EDA Pool	**Bus/Driver:** 1 Bus needed **Class Dismissal:** 1:45 PM	**Departure Point:** High School Pool **Departure Time:** 1:55 PM	L
Nov 4, 2022	Fri	Regular Season (Sectionals for Diving)	@ TBD	3:30 PM		Maine-Endwell HS Pool	**Bus/Driver:** Van/Small Bus **Class Dismissal:** 12:10 PM	**Departure Point:** High School Pool **Departure Time:** 12:20 PM	L
Nov 5, 2022	Sat	Post-Season (Section IV Class A Swim Finals - Tickets Trough GoFan - Live Stream NFHS)	Elmira, Horseheads, Ithaca, Binghamton, Union-Endicott @ Watkins Glen (Storm)	3:30 PM		W G Pool			NL
Nov 5, 2022	Sat	Regular Season (Sectional Finals)	@ TBD	3:30 PM		Watkins Glen High School	**Bus/Driver:** 1 Bus needed	**Departure Point:** High School Pool **Departure Time:** 1:10 PM	L
Nov 18, 2022	Fri	Post-Season (NYSPHSAA Girls Swimming & Diving State Championship)	@ TBD	10:30 AM		Webster Aquatic Center	**Bus/Driver:** Vans **Class Dismissal:** 10:20 AM	**Departure Point:** High School Pool **Departure Date:** Nov 17, 2022 **Departure Time:** 10:30 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 19, 2022	Sat	Post-Season (NYSPHSAA Girls Swimming & Diving State Championship)	@ TBD	9:00 AM		Webster Aquatic Center	**Bus/Driver:** Vans	**Departure Point:** High School Pool **Departure Date:** Nov 17, 2022	L

Date: 2024-04-19