



Corning-Painted Post

(G) V Swimming/Diving

Coaches:

- Alyssa Helsing, Head Coach
- Anthony Furstoss, Asst Coach
- Anthony Bartone, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2019	Thu	Regular Season 116-67 W	Elmira	5:30 PM		C P P High School			L
Sep 9, 2019	Mon	Regular Season 56-126 L	@ Ithaca	6:00 PM	7:30 PM	IHS Pool (C150)	Class Dismissal: 3:05 PM	Departure Point: Stadium Departure Time: 3:15 PM	L
Sep 13, 2019	Fri	Regular Season (Waverly Invite)	@ TBD	TBD		Waverly High School Pool	Class Dismissal: 2:25 PM	Departure Time: 2:35 PM	NL
Sep 14, 2019	Sat	Regular Season (Waverly Invite)	@ TBD	TBD		Waverly High School Pool		Departure Time: 7:35 AM	NL
Sep 20, 2019	Fri	Regular Season (Invitational in the Glen)	@ TBD	4:30 PM		W G Pool	Class Dismissal: 2:10 PM	Departure Point: Stadium Departure Time: 2:20 PM	NL
Sep 21, 2019	Sat	Regular Season (Invitational in the Glen)	@ TBD	9:00 AM		W G Pool		Departure Point: Stadium Departure Time: 6:50 AM	NL
Sep 25, 2019	Wed	Regular Season 72-29 W	@ Union-Endicott	5:30 PM	7:30 PM	UEHS Pool	Class Dismissal: 2:40 PM	Departure Point: Stadium Departure Time: 2:50 PM	L
Oct 2, 2019	Wed	Regular Season 79-101 L	@ Horseheads	5:30 PM	7:30 PM	HHS High School Pool		Departure Point: Stadium Departure Time: 3:30 PM	L
Oct 5, 2019	Sat	Regular Season (Tri-Meet with Corning and ND) 108-98-44 W	Notre Dame, Elmira @ Watkins Glen (Storm)	10:00 AM	12:30 PM	W G Pool		Departure Point: Stadium Departure Time: 7:30 AM	L
Oct 7, 2019	Mon	Regular Season (Sr. Night) 71-101 L	@ Vestal	5:30 PM		Vestal High School Baseball Field	Class Dismissal: 2:40 PM	Departure Point: Stadium Departure Time: 2:50 PM	NL
Oct 11, 2019	Fri	Regular Season (Dr. Jack Thomas Swim & Dive Invite)	@ TBD	5:00 PM		Thomas Natatorium	Class Dismissal: 2:45 PM	Departure Time: 2:55 PM	NL
Oct 12, 2019	Sat	Regular Season (Dr. Jack Thomas Swim & Dive Invite)	@ TBD	10:15 PM		Thomas Natatorium		Departure Point: Stadium Departure Time: 7:45 AM	NL
Oct 18, 2019	Fri	Regular Season 83-102 L	Maine-Endwell	5:30 PM		C P P High School			NL
Oct 19, 2019	Sat	Regular Season (Jack Mathers Memorial Diving Invite)	@ TBD	9:15 AM		HHS HS Pool			L
Oct 22, 2019	Tue	Regular Season 100-70 W	Binghamton	5:30 PM		C P P High School			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 6, 2019	Wed	Regular Season (Swim Prelims)	@ TBD	3:00 PM		EDA Pool	Class Dismissal: 2:00 PM	Departure Point: Stadium Departure Time: 2:10 PM	L
Nov 8, 2019	Fri	Regular Season (Dive Prelims)	@ TBD	TBD		Maine-Endwell HS Pool		Departure Point: Stadium Departure Time: 12:30 PM	L
Nov 9, 2019	Sat	Regular Season (Swim Finals)	@ TBD	9:00 AM		W G Pool		Departure Point: Stadium Departure Time: 8:00 AM	L
Nov 9, 2019	Sat	Post-Season (Class A - Section IV Championships (Warm ups at 9 AM))	Ithaca, Binghamton, Horseheads, Union-Endicott, Elmira @ Watkins Glen (Storm)	10:00 AM		W G Pool			NL
Nov 21, 2019	Thu	Post-Season (Practice for State Meet)	@ TBD	TBD		Ithaca College			L
Nov 22, 2019	Fri	Post-Season (State Swim & Dive Prelims)	@ TBD	TBD		Ithaca College		Departure Time: 7:30 AM	L
Nov 23, 2019	Sat	Post-Season (Finals)	@ TBD	TBD		Ithaca College		Departure Time: 7:30 AM	L

Date: 2024-04-27