



Corning-Painted Post

(G) V Swimming/Diving

Coaches:

- Alyssa Helsing, Head Coach
- Anthony Furstoss, Asst Coach
- Anthony Bartone, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|-----------------------------------|---------------------------------|---|---------------------|
| Sep 5, 2019 | Thu | Regular Season 116-67 W | Elmira | 5:30 PM | | C P P High School | | | L |
| Sep 9, 2019 | Mon | Regular Season 56-126 L | @ Ithaca | 6:00 PM | 7:30 PM | IHS Pool (C150) | Class Dismissal: 3:05 PM | Departure Point: Stadium Departure Time: 3:15 PM | L |
| Sep 13, 2019 | Fri | Regular Season (Waverly Invite) | @ TBD | TBD | | Waverly High School Pool | Class Dismissal: 2:25 PM | Departure Time: 2:35 PM | NL |
| Sep 14, 2019 | Sat | Regular Season (Waverly Invite) | @ TBD | TBD | | Waverly High School Pool | | Departure Time: 7:35 AM | NL |
| Sep 20, 2019 | Fri | Regular Season (Invitational in the Glen) | @ TBD | 4:30 PM | | W G Pool | Class Dismissal: 2:10 PM | Departure Point: Stadium Departure Time: 2:20 PM | NL |
| Sep 21, 2019 | Sat | Regular Season (Invitational in the Glen) | @ TBD | 9:00 AM | | W G Pool | | Departure Point: Stadium Departure Time: 6:50 AM | NL |
| Sep 25, 2019 | Wed | Regular Season 72-29 W | @ Union-Endicott | 5:30 PM | 7:30 PM | UEHS Pool | Class Dismissal: 2:40 PM | Departure Point: Stadium Departure Time: 2:50 PM | L |
| Oct 2, 2019 | Wed | Regular Season 79-101 L | @ Horseheads | 5:30 PM | 7:30 PM | HHS High School Pool | | Departure Point: Stadium Departure Time: 3:30 PM | L |
| Oct 5, 2019 | Sat | Regular Season (Tri-Meet with Corning and ND) 108-98-44 W | Notre Dame, Elmira @ Watkins Glen (Storm) | 10:00 AM | 12:30 PM | W G Pool | | Departure Point: Stadium Departure Time: 7:30 AM | L |
| Oct 7, 2019 | Mon | Regular Season (Sr. Night) 71-101 L | @ Vestal | 5:30 PM | | Vestal High School Baseball Field | Class Dismissal: 2:40 PM | Departure Point: Stadium Departure Time: 2:50 PM | NL |
| Oct 11, 2019 | Fri | Regular Season (Dr. Jack Thomas Swim & Dive Invite) | @ TBD | 5:00 PM | | Thomas Natatorium | Class Dismissal: 2:45 PM | Departure Time: 2:55 PM | NL |
| Oct 12, 2019 | Sat | Regular Season (Dr. Jack Thomas Swim & Dive Invite) | @ TBD | 10:15 PM | | Thomas Natatorium | | Departure Point: Stadium Departure Time: 7:45 AM | NL |
| Oct 18, 2019 | Fri | Regular Season 83-102 L | Maine-Endwell | 5:30 PM | | C P P High School | | | NL |
| Oct 19, 2019 | Sat | Regular Season (Jack Mathers Memorial Diving Invite) | @ TBD | 9:15 AM | | HHS HS Pool | | | L |
| Oct 22, 2019 | Tue | Regular Season 100-70 W | Binghamton | 5:30 PM | | C P P High School | | | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|-----------------------|------------------------------------|--|---------------------|
| Nov 6, 2019 | Wed | Regular Season (Swim Prelims) | @ TBD | 3:00 PM | | EDA Pool | Class Dismissal: 2:00 PM | Departure Point: Stadium Departure Time: 2:10 PM | L |
| Nov 8, 2019 | Fri | Regular Season (Dive Prelims) | @ TBD | TBD | | Maine-Endwell HS Pool | | Departure Point: Stadium Departure Time: 12:30 PM | L |
| Nov 9, 2019 | Sat | Regular Season (Swim Finals) | @ TBD | 9:00 AM | | W G Pool | | Departure Point: Stadium Departure Time: 8:00 AM | L |
| Nov 9, 2019 | Sat | Post-Season (Class A - Section IV Championships (Warm ups at 9 AM)) | Ithaca, Binghamton, Horseheads, Union-Endicott, Elmira @ Watkins Glen (Storm) | 10:00 AM | | W G Pool | | | NL |
| Nov 21, 2019 | Thu | Post-Season (Practice for State Meet) | @ TBD | TBD | | Ithaca College | | | L |
| Nov 22, 2019 | Fri | Post-Season (State Swim & Dive Prelims) | @ TBD | TBD | | Ithaca College | | Departure Time: 7:30 AM | L |
| Nov 23, 2019 | Sat | Post-Season (Finals) | @ TBD | TBD | | Ithaca College | | Departure Time: 7:30 AM | L |

Date: 2024-05-08