



# Corning-Painted Post (G) V Outdoor Track

## Coaches:

- Joe Melanson, Head Coach
- Ray Lawson, Asst Coach
- Drew Cartwright, Asst Coach
- Tom Ketchum, Asst Coach
- Adam Sarafian, Asst Coach
- Kale Wilcox, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Mar 27, 2023	Mon	Regular Season	Horseheads	5:30 PM		Corning Memorial Stadium			L
Apr 1, 2023	Sat	Regular Season	@ TBD	10:00 AM		Windsor High School Track		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 7:15 AM	L
Apr 4, 2023	Tue	Meet (Westhill Spring Break Invitational)	Vs. Multiple	1:00 PM		Westhill High School Track		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 9:45 AM	NL
Apr 4, 2023	Tue	Regular Season (Westhill Invite)	@ TBD	1:00 PM		Westhill High School Track	<b>Bus/Driver:</b> 1 Bus needed	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 9:45 AM	NL
Apr 5, 2023	Wed	Regular Season	Horseheads, TBD @ Johnson City	5:30 PM	7:00 PM	JC Wildcat Stadium		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 2:30 PM	L
Apr 18, 2023	Tue	Regular Season (Senior Night)	Susquehanna Valley	5:30 PM		Corning Memorial Stadium			L
Apr 22, 2023	Sat	Regular Season (RH Relays)	@ TBD	9:00 AM		R-H HS		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 7:15 AM	L
Apr 29, 2023	Sat	Regular Season (Blue Shoes Invite)	@ TBD	9:00 AM		HHS High School Stadium - Horseheads		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 7:15 AM	NL
May 2, 2023	Tue	Regular Season	@ Elmira (Elmira Express)	5:00 PM		EHS Stadium		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 3:15 PM	L
May 5, 2023	Fri	Regular Season (Goldenbear)	@ TBD	4:15 PM		Vestal Dick Hoover Stadium	<b>Class Dismissal:</b> 1:50 PM	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 2:00 PM	NL
May 6, 2023	Sat	Regular Season	@ TBD	2:00 PM		Elmira High School		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 12:15 PM	L
May 6, 2023	Sat	Regular Season (Cadet Classic)	@ TBD	TBD		Hilton High School		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 4:30 PM	NL
May 8, 2023	Mon	Regular Season (Senior Night)	@ Ithaca	5:00 PM	8:00 PM	IHS Moresco Stadium	<b>Class Dismissal:</b> 1:50 PM	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 2:00 PM	L
May 12, 2023	Fri	Regular Season	Spencer-Van Etten	4:30 PM		Corning Memorial Stadium			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 12, 2023	Fri	Regular Season (@ Corning Fast Times Meet)	Notre Dame, Elmira	4:30 PM		Corning Memorial Stadium			L
May 12, 2023	Fri	Regular Season (Fast Times Invite)	Waverly, Horseheads	4:30 PM		Corning Memorial Stadium			NL
May 17, 2023	Wed	Post-Season (STAC Championship Meet)	@ TBD	TBD		Vestal Dick Hoover Stadium	<b>Bus/Driver:</b> 2 Buses needed	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 2:30 PM	L
May 23, 2023	Tue	Post-Season (Class A/B Meet)	@ TBD	5:00 PM		Vestal Dick Hoover Stadium	<b>Bus/Driver:</b> 2 Buses needed	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 2:30 PM	NL
May 31, 2023	Wed	Post-Season (State Qualifier Meet)	@ TBD	5:00 PM		UEHS Mike Miller Track	<b>Class Dismissal:</b> 2:35 PM	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 2:45 PM	NL
Jun 1, 2023	Thu	Post-Season (State Qualifier Meet)	@ TBD	5:00 PM		UEHS Mike Miller Track	<b>Class Dismissal:</b> 2:35 PM	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 2:45 PM	NL
Jun 9, 2023	Fri	Post-Season (States)	@ TBD	10:00 AM		Middletown HS			NL
Jun 10, 2023	Sat	Post-Season (States)	@ TBD	9:00 AM		Middletown HS			NL
Jun 15, 2023	Thu	Post-Season (Nationals)	@ TBD	TBD		TBD			NL
Jun 16, 2023	Fri	Post-Season (Nationals)	@ TBD	TBD		TBD			NL
Jun 17, 2023	Sat	Post-Season (Nationals)	@ TBD	TBD		TBD			NL

Date: 2024-05-09